

Sun Primary Academy Menu Week One



Menu for Week Commencing: 24th Feb, 17th Mar, 7th Apr, 12th May, 9th Jun, 30th Jun



Main Option One

Monday

Cheese & Tomato Pizza
Served with Crispy
Wedges & Coleslaw

Tuesday

Chicken Tikka Masala
Served with Basmati
Rice, Broccoli &
Sweetcorn

Wednesday

Herby Roasted Chicken
Served with Spring
Cabbage, Carrots, Roast
Potatoes & Gravy

Thursday

Prime Beef Cottage Pie
Served with Green
Beans & Honey Roast-
Parsnips

Friday

Southern Fried Chicken
Served with Oven
Baked Chips, Baked
Beans & Peas

Main Option Two

Tasty Quorn Bolognaise
Served with Wholemeal
Pasta, Carrots & Peas

Creamy Cauliflower &
Macaroni Cheese
Served with Broccoli &
Sweetcorn

Vegetarian Quorn Roast
Served with Spring
Cabbage, Carrots, Roast
Potatoes & Gravy

Shepherdess Pie
Served with Green
Beans & Honey Roast-
Parsnips

Crispy Vegetable Dippers
Served with Oven Baked
Chips, Baked
Beans & Peas

Daily

Available All Week

Jacket potatoes with a choice of hot & cold toppings, freshly made salad selection, crusty baked bread, cheese & biscuits, fresh fruit & yoghurts. Alternative dietary options are available on request

Dessert

Oatey Apple Crumble
with Custard

Strawberry Jelly

Lemon Drizzle Cake

Fruity Flapjack
Served with Custard

Frozen Fruit Yoghurt



Sun Primary Academy Menu Week Two



Menu for Week Commencing: 3rd Mar, 24th Mar, 28th Apr, 19th May, 16th Jun, 7th Jul



Main
Option One

Monday

Baked Salmon Goujons
or Fish Fingers
Served with Crispy
Wedges & Minted Peas

Tuesday

Beef Keema
Served with Naan
Bread, Fluffy Rice,
Broccoli & Sweetcorn

Wednesday

Sausage & Yorkshire
Pudding
Served with Mashed Potatoes,
Mixed Vegetables & Gravy

Thursday

Beef Meatball
Served with Penne
Pasta, Green Beans &
Carrots

Friday

Southern Fried Chicken
Served with Oven
Baked Chips, Baked
Beans & Peas

Main
Option Two

Margherita Pizza
Served with Crispy
Wedges & Coleslaw

Mac 'N' Cheese
Served with Garlic
Bread, Broccoli &
Sweetcorn

Quorn Sausage & Yorkshire
Pudding
Served with Mashed Potatoes,
Mixed Vegetables & Gravy

Quorn Meatballs
Served with Penne
Pasta, Green Beans &
Carrots

Cheese & Onion Slice
Served with Oven Baked
Chips, Baked
Beans & Peas

Daily

Available All Week

Jacket potatoes with a choice of hot & cold toppings, freshly made salad selection, crusty baked bread, cheese & biscuits, fresh fruit & yoghurts. Alternative dietary options are available on request

Dessert

Shortbread

Chocolate & Banana
Marble Cake with
Custard

Creamy Rice Pudding &
Fruit

Pineapple Up-Side
Down Pudding with
Custard

Ice-Cream & Mini
Cookie



Sun Primary Academy Menu Week Three



Menu for Week Commencing: 10th Mar, 31st Mar, 5th May, 2nd Jun, 23rd Jun, 14th July



Main
Option One

Monday

Chicken Burger
Served with Crispy
Wedges & Coleslaw

Tuesday

Beef Lasagne
Served with Garlic
Bread Broccoli &
Sweetcorn

Wednesday

Herby Roasted Chicken
Served with Spring
Cabbage, Carrots, Roast
Potatoes & Gravy

Thursday

Lamb Curry
Served with Basmati
Rice, Cauliflower &
Green Beans

Friday

Crispy Battered Fish
Served with Oven
Baked Chips, Baked
Beans & Peas

Main
Option Two

Vegetable Burger
Served with Crispy
Wedges & Coleslaw

Cheese & Potato Pie
Served with Broccoli &
Sweetcorn

Vegetarian Quorn Roast
Served with Spring
Cabbage, Carrots, Roast
Potatoes & Gravy

Vegetable Lasagne
Served with Garlic
Bread, Cauliflower &
Green Beans

Vegetable Nuggets
Served with Oven Baked
Chips, Baked
Beans & Peas



Daily

Available All Week

Jacket potatoes with a choice of hot & cold toppings, freshly made salad selection, crusty baked bread, cheese & biscuits, fresh fruit & yoghurts. Alternative dietary options are available on request



Dessert

American Pancakes

Carrot Cake & Vanilla
Custard

Steamed Apple & Syrup
Sponge

Mandarin Orange Jelly

Strawberry Mousse

