

DRAFT pending Trustee sign off in September 2022

Safeguarding and Child Protection Policy – Sun Academy Bradwell

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September 2021	July 2023 (or when		Christine Franklin –
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Links to:	
Anti-Child on Child abuse and Bullying Policy	SEND policy
Staff Code of Conduct	Allegations Against Staff (Staff Disciplinary
Behaviour Policy	Policy and Procedures)
Safer Recruitment Policy	Visitors Policy
E-safety Policy	Acceptable Use Agreement
Whistleblowing Policy	
Attendance Policy	

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1. Statement of Intent

Safeguarding arrangements in our academy are underpinned by two key principles:

- Safeguarding is everyone's responsibility: all staff, governors and volunteers must fulfil their
 full role in keeping children safe. We have a whole school approach to safeguarding. This
 means ensuring safeguarding and child protection are at the forefront and underpin all
 relevant aspects of process and policy development and operate in the best interests of the
 child.
- A child-centred approach: a clear understanding of the needs and views of children. We recognise the importance of enabling children to talk openly about anything that worries them and to feel confident that they will be listened to or access well publicised systems for reporting or disclosing abuse or harm.

At Academy Transformation Trust (ATT) we are committed to safeguarding children and young people and we expect everyone who works within our trust to share this commitment. This policy sets out how we will deliver these responsibilities.

This policy should be read in conjunction with 'Keeping Children Safe in Education' (September 2022), which is statutory guidance to be read and followed by academies and colleges, and alongside 'Working Together to Safeguard Children' (March 2018), a guide to inter-agency working to safeguard and promote the welfare of children.

These documents are available via the following links:

https://www.gov.uk/government/publications/keeping-children-safe-in-education--2 https://www.gov.uk/government/publications/working-together-to-safeguard-children--2

Furthermore, academy leaders will follow the procedures set out by the local safeguarding partnership the Staffordshire Safeguarding Children's Board's procedures and provide them with information as required (www.staffsscb.org.uk).

Local Contacts

Staffordshire Children's Social Care Services:

- Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (M.A.S.H.) (Monday-Thursday 8:30am-5:00pm, Friday 8:30 am – 4:30pm) 0300 111 8007 Email: www.staffordshire.gov.uk/reportconcern
- Emergency Duty Services (out of hours safeguarding concerns) 0845 604 2886 or Email: eds.team.manager@staffordshire.gov.uk
- Staffordshire Police M.A.S.H. can be contacted on 101. In the event of an emergency please dial 999

Advice can also be sought from:

NSPCC helpline: 0808 800 5000

Child Line: 0800 1111

Chat Health: Text a school nurse on 07520 615721

Online Safety

We understand that it is essential that children are safeguarded from harmful online content and wider online harms and take a whole school approach that protects, empowers and educates pupils and staff in their use of technology and establishes mechanisms to identify, intervene in, and escalate any concerns where appropriate. **Please see the E-safety policy for more information.**

We ensure that pupils are taught about safeguarding, including online safety, through various teaching and learning opportunities, as part of providing a broad and balanced curriculum including the DfE's 'Teaching online safety in school (June 2018), Harmful online challenges and online hoaxes (2021) and UKCIS 'Education for a connected world' (Feb, 2018) and the four areas of risk in Keeping Children Safe in Education: content, contact, conduct and commerce.

Academy leaders will work with parents to build an understanding of the shared responsibilities between parent's responsibilities to educate and support their child and of the academy's responsibilities to ensure the welfare of all children, including the need for referrals to other agencies in some situations and the way in which we both filter and monitor online content on academy devices.

2. Legal Framework and Guidance

This policy has due regard to statutory legislation and relevant guidance including, but not limited to:

- The Education Act (2002)
- Keeping Children Safe in Education (2022)
- Working Together to Safeguard Children (2018)
- What to do if you are worried about a child (2015)
- Information sharing: Advice for practitioners (2018)
- Guidance for safer working practice for adults who work with children and young people in education settings (2019)
- Human Rights Act (1998)
- Equality Act (2010) & Public Sector Equality Duty
- The Data Protection Act (2018)
- Serious Crime Act (2015)
- Teaching online safety in school (2018)
- UKCIS Education for a connected world (2018)
- Prevent Duty (2015)
- Sexual Offences Act 2003
- Preventing youth violence and gang involvement (2013)
- Criminal exploitation of children and vulnerable adults: county lines guidance (2018)

3. Scope of this Policy

This policy defines a 'child' as anyone under the age of 18 years or any learner of any age on the academy roll.

This policy applies to all employed ATT colleagues, including all permanent, temporary and support staff, members, trustees, governors, volunteers, contractors and external service or activity providers. There is an additional policy to support visitors to the academy to ensure awareness and

appropriate reporting of any safeguarding concern as well as a leaflet that is proceed for visitors as they enter the academy.

There are six key elements to our policy, which are described in the following sections:

- The types of abuse that are covered by the policy
- The signs of abuse that adults should look out for
- Specific roles and responsibilities for safeguarding (in addition to everyone's duty of care to safeguard children and adults)
- Procedure and processes that should be followed, include the support provided to children
- How the academy leaders will ensure that all staff and volunteers are appropriately trained, and checked for their suitability to work within the academy
- How the policy will be managed and have its delivery overseen

Through implementation of this policy academy leaders will ensure that our academy provides a safe environment for children to learn and develop.

4. Safeguarding Roles and Responsibilities:

The Designated Safeguarding Lead (SLT member) is: Mr lain MacDonald, Assistant Principal

The Deputy Designated Safeguarding Lead is: Mrs Laura Niemczyk, Principal

Nominated Safeguarding Governor: Mr Jonathan Hankey, Chair of Governors

The Designated Teacher for Children in Care (and post CiC) is: **Mr Iain MacDonald, Assistant Principal**

The overall statutory responsibility for ensuring that safeguarding is effective in this academy remains with the Principal and the Trust Governance Board.

4.1 All staff, volunteers and local governors have responsibility for the following:

- to provide a safe environment in which all children can learn
- identify children who may be in need of extra help or who are suffering, or are likely to suffer, significant harm
- to take appropriate action, working with other services as needed
- to keep themselves updated with the systems within the academy which support safeguarding that were explained to them as part of their induction (including the staff Code of Conduct) which includes knowing the role, and working with, the academy's Designated Safeguarding Lead (DSL).
- to ensure they receive appropriate safeguarding and child protection training which is regularly updated

In addition to working with the designated safeguarding lead staff members should be aware that they may be asked to support social workers to take decisions about individual children.

4.2 All staff are responsible for:

- Knowing who the academy's designated safeguarding lead (DSL) is
- Raising any concerns with the designated safeguarding lead. If at any point there is a risk of
 immediate serious harm to a child a referral should be made to children's social care
 immediately. Anyone can make this referral if the DSL in unavailable
- Completing a formal written safeguarding concern form when making a referral. Staff should be clear that this should be done immediately, always on the same day
- Ensuring that their safeguarding and child protection training is up to date
- Being alert to the signs of abuse
- Maintaining an attitude of 'it could happen here'
- Maintaining an attitude that every child's rights must be protected and any form of prejudice contributes to a hostile learning environment and therefore must be challenged
- Maintaining an attitude that harmful sexual behaviour, sexual harassment/violence is never
 acceptable and will not be tolerated and being alert to inappropriate language and
 indicators of abuse and never rely on pupils to disclose abuse.
- When concerned about the welfare of a child, staff members will always act in the interests
 of the child
- Knowing the academy's procedures for dealing with children who go missing from education, particularly on repeat occasions, and reporting any such concerns to the DSL
- Sharing information and working together to provide children and young people with the help they need when they need it
- Referring to the Principal any low-level concerns about another member of staff and any
 allegations of abuse directly to the Principal. If the concerns are about the Principal, these
 should be referred to the Director of Primary Education who will liaise directly with the ATT
 Director of Safeguarding to support with the referral to the Local Authority Designated
 Officer (LADO).
- Raising concerns about poor or unsafe practice and potential failures in the academy's safeguarding regime through the academy's Whistleblowing Policy.
- Being aware of Staffordshire Safeguarding Children's Board Safeguarding Procedures, www.staffsscb.org.uk and ensuring these procedures https://www.staffsscb.org.uk/procedures/core-procedures/ are followed.
- Seeking early help where a child and family would benefit from coordinated support from more than one agency via Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (MASH): 0300 111 8007
 Email www.staffordshire.gov.uk/reportconcern

4.3 Local Governors and the academy leadership are responsible for:

- Ensuring that we are compliant with all requirements in KCSIE
- Ensuring that there is an effective Child Protection and Safeguarding Policy in place together with a Staff Code of Conduct, which are provided to all staff, and ensuring all staff are given a mandatory induction, which includes familiarisation with child protection responsibilities and procedures to be followed if anyone has any concerns about a child's safety or welfare.
- Ensuring that policies and procedures, particularly concerning referrals of cases of suspected abuse and neglect, are followed by all staff.

• Ensuring that we have a designated lead for child protection, and that they have access to appropriate training, which is updated every two years.

4.4 The Designated Safeguarding Lead is responsible for:

- Managing referrals from staff or any others from outside the academy
- Working with external agencies and professionals on matters of safety and safeguarding
- Undertaking relevant training and attending update sessions
- Raising awareness of safeguarding and child protection amongst the staff and parents; and ensuring that child protection information is transferred to the pupil's new school/academy
- Ensuring that the academy has a nominated local governor to liaise with the designated lead for *Staffordshire* and any partner agencies in the event of allegations of abuse made against the principal
- Ensuring all staff receive the appropriate training, and keep it up to date, in line with advice from Staffordshire Safeguarding Children's Board
 - Staffordshire Children's Social Care Services: Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (M.A.S.H.) 0300 111 8007
 - Email: www.staffordshire.gov.uk/reportconcern
 - Emergency Duty Services (out of hours safeguarding concerns) 0845 604 2886 or email: eds.team.manager@staffordshire.gov.uk
 - Staffordshire County Council's Education Safeguarding Advice Service 01785 895836 Email: esas@staffordshire.gov.uk
 - Staffordshire Police M.A.S.H. can be contacted on 101. In the event of an emergency please dial 999)
- Notifying the Children's Social Care department if there are concerns over unexplained absences of a pupil following the Child Missing Education (CME) policy and local procedure https://www.staffordshire.gov.uk/Education/Education-welfare/Children-missing-from-education.aspx
- Informing the Local Authority when a private fostering arrangement is in place
- Managing security within the academy and reviewing it regularly
- Ensuring that important safeguarding related policies are kept relevant and up to date
- Have an overview of the numbers of safeguarding and child protection referrals made from and share this with the Principal and LAC.
- Having in place effective ways to identify emerging problems and potential unmet needs for individual children and families
- Ensuring that the curriculum makes best use of Citizenship and PSHE, RSHE opportunities to cover safeguarding issues with children
- Ensuring at least one person on any appointment panel has undertaken safer recruitment training
- Ensuring the adherence to statutory responsibilities to check staff working with children, taking proportionate decisions on whether to ask for checks beyond what is required; and ensuring volunteers are appropriately supervised
- Ensuring procedures are in place to handle allegations against members of staff and volunteers (though the Principal will lead on this process)
- Ensuring there are procedures in place to handle allegations against other children (Childon-child abuse)

- Ensuring that there is support available for staff involved in difficult child protection cases/incidents both at the academy and externally through counselling and/or other services
- Creating a culture of listening to children and taking account of their wishes and feelings, both in individual decisions and in the academy's development
- Ensuring through the safeguarding curriculum that pupils know the process of raising a
 concern (about themselves or a friend/other), that they know the academy's Designated
 Safeguarding Lead (and deputy), and are aware of other support mechanisms such as
 ChildLine etc
- Promote and retain oversight of the educational achievement and wellbeing of children who
 are in care or have a social worker working alongside the designated teacher for children in
 care and the local authority virtual head.
- Making this policy available to parents and carers as appropriate
- Ensuring that colleagues are competent to carry out their responsibilities for safeguarding
 and promoting the welfare of children and creating an environment where staff feel able to
 raise concerns and feel supported in their safeguarding role
- Ensuring all staff have regular reviews of their own practice to ensure they improve over time
- Ensuring all records are kept up to date and secure and kept separately from the main pupil file in a locked location
- Ensure that appropriate online filtering and monitoring systems are effective and communicated with parents/carers.
- Ensuring that parents/carers are regularly communicated with and receive sign posts as to how best support the online safety of their child.

Keeping all child (safeguarding) records up to date and in line with the statutory requirements in KCSIE as a minimum:

All **safeguarding** concerns, discussions and decisions made, and the reasons for those decisions, must be recorded in writing. Information should be kept confidential and stored securely.

Records will include:

- a clear and comprehensive summary of the concern
- details of how the concern was followed up and resolved
- decision rationale
- a note of any action taken, decisions reached and the outcome

5. Safeguarding Process and Procedure

The academy leaders will deliver their responsibilities for identifying and acting on early help needs, safeguarding and child protection in line with the policies and procedures identified in the Staffordshire Safeguarding Partners policies and procedure guidance, available at: https://www.staffsscb.org.uk/procedures/policies-and-guidance-templates/

5.1 How to report any concerns

Clear procedures on reporting any concerns are given to all staff and volunteers and visitors. This is done as part of the staff induction training or on a safeguarding leaflet as they sign in.

All concerns should be reported in writing, using the academy's safeguarding concern form (whether online or paper based). Concern forms should always be completed as soon as possible, on the same day. Staff should never wait until the next day to complete a safeguarding concern form.

All child protection and or safeguarding concerns should be reported to *Mr Iain MacDonald* (Designated Safeguarding Lead) immediately. See Appendix 1 for a flow diagram which explains how all disclosures are dealt with at the academy.

We take our responsibility to safeguard young people seriously. Failure to follow these reporting procedures may result in disciplinary action.

5.2 Taking Action

If at any time it is considered that a child has suffered significant harm or is likely to do so, a referral should be made to Staffordshire Children's Advice and Support Service in Multi Agency Safeguarding Hub (M.A.S.H.) Emergency Duty Team (0300 111 8007) or Emergency Duty Services (out of hours safeguarding concerns) 0845 604 2886, or Police Child Abuse Investigation Team Staffordshire Police Force coordinator: Mark Hardern (Tel: 07539 363629), or call 999 if you are concerned a child needs immediate protection.

The designated safeguarding lead and any deputies will liaise with the three safeguarding partners and work with other agencies in line with Working Together to Safeguard Children.

NSPCC- When to call the police for designated safeguarding leads to understand when they should consider calling the police and what to expect when they do. It can be found here:

https://www.npcc.police.uk/documents/Children%20and%20Young%20people/When%20to%20call%20the%20police%20guidance%20for%20schools%20and%20colleges.pdf

If the child has an injury that requires medical attention, the child protection process will not delay the administration of first aid or emergency medical assistance.

5.3 Pupil disclosure of abuse, neglect or radicalisation

At Sun Academy Bradwell, we have a clear procedure for reporting concerns. If a pupil talks to a member of staff/volunteer about any risks to their safety or wellbeing, the staff member/volunteer will need to let the pupil know that they must pass the information on to the safeguarding team (DSL) in order to offer the proper support that the pupil requires.

Staff members/volunteers will allow them to speak freely and will not ask investigative questions.

The staff member/volunteer will tell the pupil what will happen next.

It is the duty of the member of staff/volunteers to inform the Designated Safeguarding Lead (DSL) of what has been discussed. The staff member/volunteer will write up details of the conversation with the pupil as soon as possible on the CPOMs/record of concern form (signed, timed and dated) found in the reprographics room or at the main reception and deliver it to the Designated Safeguarding Lead.

Staff should **not** wait until the following academy day to report a concern. Information will be shared on a need-to-know basis only.

Issues or concerns will **not** be discussed with colleagues, friends or family unless necessary for the welfare of the child.

5.4 Suspecting that a pupil is at risk of harm

There will be occasions when staff/volunteers may suspect that a pupil may be at risk, but have no 'real' evidence. In these circumstances, staff will try to give the pupil the opportunity to talk.

Colleagues will recognise that pupils may not feel ready to disclose their abuse, exploitation or neglect, or my not recognise it as such. They may feel humiliated or actively being threatened. They may face additional barriers to disclosing such as additional needs, sexual orientation, vulnerabilities or language barriers. Therefore, it is imperative that all colleagues exercise professional curiosity and report their concerns to the DSL.

Staff should use the **concern form/CPOMS referral** to record these early concerns. Following an initial conversation with the pupil, if the member of staff remains concerned, they should discuss their concerns with the Designated Safeguarding Lead, Mr Iain MacDonald.

Children may be harmed by other children or young people. Staff will be aware of the harm caused by bullying and will use the academy's **Anti Child on Child Abuse (Anti-Bullying) Policy** where necessary (*located* on the Academy website and in policies and procedures folder on the one drive). However, there will be occasions when a pupil's behaviour warrants a response under child protection rather than anti-bullying procedures. We acknowledge that some children can be particularly vulnerable or may have an increased risk of abuse and we accept the responsibility to take reasonable and appropriate steps to ensure their welfare. To ensure that all of our pupils receive equal protection, we will give special consideration to children that are considered to be vulnerable.

5.5 Notifying parents

The academy leaders will normally seek to discuss any concerns about a pupil with their parents. The Designated Safeguarding Lead, *Mr Iain MacDonald or deputy* will make contact with the parent in the event of a concern, suspicion or disclosure.

However, if the academy believes that notifying parents could increase the risk to the child, exacerbate the problem or compromise the safety of a staff member, advice will first be sought from Children's Social Care.

Police and Criminal Evidence Act (1984) - Code C

The Principal, Designated Safeguarding Lead (DSL) and deputy (DDSL) are aware of the requirement for children to have an appropriate adult when in contact with Police officers.

PACE states that anyone who appears to be under 18, shall, in the absence of clear evidence that they are older, be treated as a child for these purposes.

PACE also states that if at any time an officer has any reason to suspect that a person of any age may be vulnerable, then that person is entitled to be accompanied by an appropriate adult at any point.

If a police officer arrives at the academy wishing to speak with a pupil, the receptionist will inform the principal and the DSL and follow the visitor's policy. The DSL will ensure that arrangements are made to inform parents that this is the case and seek their presence at the academy as the appropriate adult. If for any reason the parent cannot attend to be an appropriate adult the DSL or Principal will ensure that an appropriate adult is provided from the academy leadership team.

The Designated Safeguarding (or deputy) will communicate any vulnerabilities known by the school to any police officer who wishes to speak to a pupil about an offence they may suspect. This communication will be recorded on CPOMS.

If having been informed of the vulnerabilities, the DSL (or deputy) does not feel that the officer is acting in accordance with PACE, they will ask to speak with a supervisor or contact 101 to escalate their concerns immediately.

A person whom there are grounds to suspect of an offence must be cautioned¹ before questioned about an offence², or asked further questions if the answers they provide the grounds for suspicion, or when put to them the suspect's answers or silence, (i.e. failure or refusal to answer or answer satisfactorily) may be given in evidence to a court in a prosecution.

A Police Officer must not caution a child or a vulnerable person unless the appropriate adult is present. If a child or a vulnerable person is cautioned in the absence of the appropriate adult, the caution must be repeated in the appropriate adult's presence.

The appropriate adult' means, in the case of a child:

- the parent, guardian or, if the child is in the care of a local authority or voluntary organisation, a person representing that authority or organisation.
- a social worker of a local authority

Failing these, some other responsible adult aged 18 or over who is not:

- a police officer;
- employed by the police;
- under the direction or control of the chief officer of a police force; or
- a person who provides services under contractual arrangements (but without being employed by the chief officer of a police force), to assist that force in relation to the discharge of its chief officer's functions,

Further information can be found in the Statutory guidance - PACE Code C 2019.

5.6 Referral to Children's Social Care

The Designated Safeguarding Lead will make a referral to Children's Social Care if it is believed that a pupil is suffering or is at risk of suffering significant harm. The pupil (subject to their age and understanding) and the parents will be told that a referral is being made, unless to do so would increase the risk to the child.

Social care assessment will consider where children are being harmed in contexts outside of the home (extra familial harm) so we will ensure that we provide as much information as possible as part of the referral process. This will allow any assessments to consider all the available evidence and enable a contextual approach to address harm.

¹ The police caution is: "You do not have to say anything. But it may harm your defence if you do not mention when questioned something which you later rely on in Court. Anything you do say may be given in evidence."

² A person need not be cautioned if questions are for other necessary purposes, e.g. (a) solely to establish their identity or ownership of any vehicle; to obtain information in accordance with any relevant statutory requirement; in furtherance of the proper and effective conduct of a search, e.g. to determine the need to search in the exercise of powers of stop and search or to seek co-operation while carrying out a search; or to seek verification of a written record.

The referral will be made in line with local authority and procedures and thresholds. The threshold document and escalation procedures produced by the local safeguarding partners can be found here:

https://www.staffsscb.org.uk/wp-content/uploads/2022/04/Threshold-document-April-2022-1.pdf
https://www.staffsscb.org.uk/wp-content/uploads/2020/08/SSCB-Escalation-policy-2022.pdf

5.7 Private Fostering

A private fostering arrangement is one that is made privately (without the involvement of a local authority) for the care of a child under the age of 16 years (under 18, if disabled) by someone other than a parent or close relative, in their own home, with the intention that it should last for 28 days or more.

A close family relative is defined as a 'grandparent, brother, sister, uncle or aunt' and includes half-siblings and step-parents; it does not include great-aunts or uncles, great grandparents or cousins.

Parents and private foster carers both have a legal duty to inform the relevant local authority at least six weeks before the arrangement is due to start; not to do so is a criminal offence. If a member of staff becomes aware of an arrangement such as this, they should report via CPOMS to ensure that the DSL is fully aware of the situation for that child.

Whilst most privately fostered children are appropriately supported and looked after, they are a potentially vulnerable group who should be monitored by the local authority, particularly when the child has come from another country. In some cases, privately fostered children are affected by abuse and neglect, or are involved in trafficking, child sexual exploitation or modern-day slavery.

We have a mandatory duty to report to the local authority where they are aware or suspect that a child is subject to a private fostering arrangement. Although academies have a duty to inform the local authority, there is no duty for anyone, including the private foster carer or social workers to inform the academy. However, it should be clear to the academy who has parental responsibility.

Academy staff will notify the DSL when they become aware of private fostering arrangements. The DSL will speak to the family of the child involved to check that they are aware of their duty to inform the LA. The academy itself has a duty to inform the local authority of the private fostering arrangements.

In addition, on admission to Sun Academy Bradwell, we will take steps to verify the relationship of the adults to the child who is being registered.

5.8 Reporting directly to child protection agencies

Staff will follow the reporting procedures outlined in this policy. However, they may also share information directly with Children's Social Care, police or the NSPCC if:

- the situation is an emergency and the Designated Safeguarding Lead, Mr Iain MacDonald, their deputy, Mrs Laura Niemczyk, the Assistant Principal/Principal are unavailable
- they believe that a direct report is the only way to ensure the pupil's safety.

5.9 Early help

We also liaise with a wide variety of outside agencies, many of which are able to see pupils weekly. Examples of the *wider* agencies we liaise with include: multi-agency team/s, careers services, academy nurse, Social Workers, Early Help services, Child and Adolescent Mental Health Services

(CAMHS), GLOW, Educational Welfare Officer/s (EWO's), Educational Psychologists, our local Police Community Support Officers (PCSO's), the Police and other services.

We encourage families, pupils and parents to work with these partner agencies also. The provision of early help services should form part of a continuum of help and support to respond to the different levels of need of individual children and families.

Staff and volunteers should be alert to the potential need for early help that might support a pupil early on with their particular safeguarding issue with a view to preventing it from becoming a bigger issue longer term.

DSLs will consider following the procedures (depending on individual need) identified for initiating early help for a child who:

- is disabled and has specific additional needs
- has special educational needs
- is a young carer
- is showing signs of engaging in anti-social or criminal behaviour
- is in a family circumstance presenting challenges for the child, such as substance abuse, adult mental health, domestic abuse;
- has returned home to their family from care
- is showing early signs of abuse and/or neglect.

All initial contacts where staff, local governors or volunteers wish to make a request for general advice, information or a service for a child who may be a child with additional or complex needs should be made either by contacting, Mrs Laura Niemczyk (Principal/Early Years Lead/DDSL), Mr Iain MacDonald (DSL/Assistant Principal) or the academy SENCO Mrs Alison Cartlidge, or by contacting the local MASH.

The local MASH for the academy is: Staffordshire Children's Social Care Services: Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (M.A.S.H.) 0300 111 8007. Email www.staffordshire.gov.uk/reportconcern

Staffordshire Police MASH Team (Professionals only) 01785 235350

The Designated Safeguarding Lead, Mr Iain MacDonald, should be advised of any such contacts to ensure that all information is shared.

6. Types of Abuse

Abuse is a form of maltreatment of a child. Somebody may abuse or neglect a child by inflicting harm, or by failing to act to prevent harm. The abuse might be from an adult or adults, or another child or children.

Our most significant local safeguarding concerns are:

	Sun Academy Bradwell	Our strategic academy response – what we do to prevent
	Safeguarding Concerns	or reduce harm and respond to harm if it occurs.
1	Domestic Violence	All staff are trained on the signs to look out for in pupils
		who may have witnessed domestic violence and will
		report their concerns to the DSL.
		Operation Encompass is up and running in the area and
		the police are using this to notify the academy when they
		attend an incident where a child may have witnessed DV.

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2	Mental Health Issues	All staff are trained on the signs to look out for in pupils
		who may be displaying signs of poor mental health or
		whose parents overtly state a worry or concern about this.
		Two teachers and two Learning Support Staff undertook
		Mental Health First Aid Training (MHFA England). Staff
		have made pastoral referrals via CPOMs. The Academy has
		referred children to CAMHs and Action for Children for
		additional support as well as in-school Nurture support.
3	Neglect	Whole staff training on the signs of neglect. DSL training
		on the Staffordshire Safeguarding Children's Board neglect
		tool Feb 2021. DSL participation in a neglect focus group.
4	Child on Child Abuse	Whole staff training and lots of discussion around this
		topic and the clarification in understanding of what
		constitutes bullying rather than sporadic arguments or
		fallings-out. We also began each of the terms with whole-
		school PSHE themed weeks based around 'relationships'
		and 'getting on and falling out'. Additionally, we have
		ensured a more conscientious approach to restorative
		practice where there have been recurrences (as well as
		improved recording of this on CPOMs).
5	Knife crime and children	We worked with the local authority and Staffordshire
	carrying knives	police to complete a presentation to the Years 5/6
		children. A letter was sent out to all parents advising them
		of the heightened risk within our local area as well as
		subsequent communications via Class Dojo.
		All staff were included in a separate briefings and will
		report any concerns to the DSL and via CPOMs.

There are four types of child abuse as defined in 'Keeping Children Safe in Education' as follows:

6.1 Physical Abuse

Physical abuse may involve hitting, shaking, throwing, poisoning, burning or scalding, drowning, suffocating, or otherwise causing physical harm to a child.

Physical harm may also be caused when a parent or carer fabricates the symptoms of, or deliberately induces, illness in a child.

The physical signs of abuse may include:

- unexplained bruising, marks or injuries on any part of the body
- multiple bruises- in clusters, often on the upper arm, outside of the thigh
- cigarette burns
- human bite marks
- broken bones
- scalds, with upward splash marks
- multiple burns with a clearly demarcated edge

Most children will collect cuts, bruises and injuries and these should always be interpreted in the context of the child's medical and social history, developmental stage and the explanation given. Most accidental bruises are seen over bony parts of the body, e.g. elbows, knees, shins, and are

often on the front of the body. Some children, however, will have bruising that is more than likely inflicted rather than accidental. Important indicators of physical abuse are bruises or injuries that are either unexplained or inconsistent with the explanation given, or visible on the 'soft' parts of the body where accidental injuries are unlikely, e g, cheeks, abdomen, back and buttocks.

A delay in seeking medical treatment when it is obviously necessary is also a cause for concern.

Changes in behaviour that can also indicate physical abuse:

- increasingly withdrawn behaviours
- fear of parents being approached for an explanation
- aggressive behaviour or severe temper outbursts
- flinching when approached or touched
- running away from home
- reluctance to get changed, for example in hot weather
- depression

6.2 Emotional Abuse

Emotional abuse is the persistent emotional maltreatment of a child such as to cause severe and persistent adverse effects on the child's emotional development.

Some level of emotional abuse is involved in all types of maltreatment of a child, though it may occur alone.

Emotional abuse can be difficult to identify as there are often no outward physical signs. Indications may be a developmental delay due to a failure to thrive and grow. However, children who appear well-cared for may nevertheless be emotionally abused by being taunted, put down or belittled. They may receive little or no love, affection or attention from their parents or carers. Emotional abuse can also take the form of children not being allowed to mix or play with other children.

It may involve conveying to children that they are worthless or unloved, inadequate, or valued only insofar as they meet the needs of another person.

It may also include not giving the child opportunities to express their views, deliberately silencing them or 'making fun' of what they say or how they communicate.

It may also be imposing inappropriate expectations (for age or development stage) being imposed on a child. These may include interactions that are beyond the child's developmental capability, as well as overprotection and limitation of exploration and learning, or preventing the child participating in normal social interaction.

It may involve seeing or hearing the ill-treatment of another or causing children frequently to feel frightened or in danger.

It may involve serious bullying (including cyber-bullying) or the exploitation or corruption of children.

Changes in behaviour which can indicate emotional abuse include:

- being unable to play
- fear of making mistakes
- sudden speech disorders
- self-harm
- fear of parent being approached regarding their behaviour

- developmental delay in terms of emotional progress
- neurotic behaviour e.g. sulking, hair twisting, rocking

6.3 Neglect

Neglect is the persistent failure to meet a child's basic physical and/or psychological needs, likely to result in the serious impairment of the child's health or development. It can be difficult to recognise neglect. However, its effects can be long term and damaging for children.

It may include a failure to:

- provide adequate food, clothing and shelter (including exclusion from home or abandonment)
- protect a child from physical and emotional harm or danger
- ensure adequate supervision (including the use of inadequate caregivers)
- ensure access to appropriate medical care or treatment
- respond to a child's basic emotional needs

The physical signs of neglect may include (but not limited to):

- Being constantly dirty or 'smelly'
- constant hunger, sometimes stealing food from other children
- losing weight, or being constantly underweight
- inappropriate or dirty clothing

Neglect may be indicated by changes in behaviour which may include:

- mentioning being left alone or unsupervised
- not having many friends
- complaining of being tired all the time
- not requesting medical assistance and/or failing to attend appointments

6.4 Sexual Abuse

Sexual abuse involves forcing or enticing a child or young person to take part in sexual activities (not necessarily involving a high level of violence) regardless of whether the child is aware of what is happening.

The activities may involve physical contact or non-contact activities, such as involving children in looking at, or in the production of, sexual images, watching sexual activities, encouraging children to behave in sexually inappropriate ways, or grooming a child in preparation for abuse (including via the internet).

Physical signs of sexual abuse may include:

- pregnancy
- pain or itching in the genital area
- bruising or bleeding near genital area
- sexually transmitted disease
- vaginal discharge or infection
- stomach pains
- discomfort when walking or sitting down

Changes in behaviour which can also indicate sexual abuse include:

- sexual knowledge which is beyond their age (or developmental level) or sexual drawings/language
- saying that they have secrets that they cannot tell anyone about
- sudden or unexplained changes in behaviour e.g. becoming aggressive or withdrawn
- fear of being left with a specific person or group of people
- having nightmares
- running away from home
- bedwetting
- eating problems such as overeating or anorexia
- self-harm or mutilation, sometimes leading to suicide attempts
- substance or drug abuse
- suddenly having unexplained sources of money
- not allowed to have friends (particularly in adolescence)
- acting in a sexually explicit way towards adults
- Sexual abuse is not solely perpetrated by adult males. Women also commit acts of sexual abuse, as can other children (child-on-child abuse).

6.5 Child-on-Child abuse

Please refer to the Anti-child-on-child abuse and Anti-bullying policy for details on how we prevent and reduce and report harms and how we respond to them when they occur. The Anti- child-on-child abuse and Bullying policy includes information about our whole school approach to child-on-child abuse, bullying, harmful sexual behaviour (including sexual harassment and sexual violence and bringing weapons into school.

Staff are aware that safeguarding issues can manifest themselves via child-on-child abuse. Staff are aware that safeguarding incidents and/or behaviours can be associated with factors outside the academy and/or can occur between children outside of these environments and that they must challenge inappropriate behaviour between peers that may be abuse in nature.

All staff, but especially the designated safeguarding lead (and deputies) consider whether children are at risk of abuse or exploitation in situations outside their families. Extra-familial harms take a variety of different forms and children can be vulnerable to multiple harms including (but not limited to) sexual exploitation, criminal exploitation, and serious youth violence.

We believe that abuse is abuse and should never be tolerated or passed off as "banter" or "part of growing up" or "having a laugh" or "boys being boys". Different gender issues can be prevalent when dealing with child-on-child abuse. This could, for example, include girls being sexually touched/assaulted or boys being subject to initiation-type violence.

This is most likely to include but is not limited to;

- bullying (including cyberbullying, prejudice-based and discriminatory bullying)
- abuse in intimate personal relationships between peers
- physical abuse such as hitting, kicking, shaking, biting, hair pulling, or otherwise causing
 physical harm (this may include an online element which facilitates, threatens and/or
 encourages physical abuse)
- sexual violence, such as rape, assault by penetration and sexual assault (this may include an online element which facilitates, threatens and/or encourages sexual violence)

- sexual harassment, such as sexual comments, remarks, jokes and online sexual harassment, which may be standalone or part of a broader pattern of abuse
- causing someone to engage in sexual activity without consent, such as forcing someone to strip, touch themselves sexually, or to engage in sexual activity with a third party
- consensual and non-consensual sharing of nudes and semi nudes images and or videos (also known as sexting or youth produced/involved sexual imagery)
- upskirting, which typically involves taking a picture under a person's clothing without their permission, with the intention of viewing their genitals or buttocks to obtain sexual gratification, or cause the victim humiliation, distress or alarm
- initiation/hazing type violence and rituals (this could include activities involving harassment, abuse or humiliation used as a way of initiating a person into a group and may also include an online element).

We prevent child-on-child abuse by actively seeking to raise awareness of all forms of child-on-child abuse and by educating governors, our senior leadership team, staff, pupils, and parents about this issue.

This includes training governors, the senior leadership team, and staff on the nature, prevalence and effect of child-on-child abuse, and how to prevent, identify, and respond to it. Please refer to the anti- child-on-child abuse policy for fuller details.

6.6 Bullying

Bullying is also abusive and will include at least one, if not two (or all) of the defined categories of abuse. Refer to our Anti Bullying Policy available on our website

For more information from the DfE (2017) on preventing and tackling bullying and cyber bullying please go to: https://www.gov.uk/government/publications/preventing-and-tackling-bullying

6.7 Sexual Violence and Sexual Harassment/Harmful Sexual Behaviour (HSB)

Child-on-child Abuse, **sexual harassment** and **sexual violence** are **never acceptable and will not be tolerated.** All staff understand, that even if there are no disclosures in the academy, it does not mean it is not happening, it may be the case that it is just not being reported. As such all colleagues are trained to notice and identify signs and indicators of child-on-child abuse and where they have any concerns regarding child-on-child abuse how to report these to the DSL or deputy through formal safeguarding systems.

Furthermore, any disclosures made by pupils will be believed and responded to in line with the Anti-Child-on-child Abuse and Bullying Policy and pupils will be kept safe and never made to feel that they are creating a problem by reporting the abuse, sexual violence or sexual harassment. Incidents will be assessed and responded to on a case-by-case basis taking into account harm, immediate safety, pupil wishes and seeking advice and making referrals as required.

We will follow and adhere to Part 5 of KCSIE22 (statutory guidance):

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1080047/KCSIE 2022 revised.pdf

It covers:

- how we prevent child-on-child abuse
- what sexual violence and harassment is

- schools' and colleges' legal responsibilities
- a whole school or college approach to safeguarding and child protection
- how to respond to reports of sexual violence and sexual harassment

The departmental advice, when referring to **sexual violence** refers to sexual offences as described under the Sexual Offences Act 2003.

This includes:

- rape
- assault by penetration
- sexual assault

The advice sets out that **sexual harassment** is 'unwanted conduct of a sexual nature' that can occur online and offline. It is likely to violate a child's dignity, and/or makes them feel intimidated, degraded or humiliated and/or creates a hostile, offensive or sexualised environment.

We believe that all children have a right to learn in a safe environment.

Academy leaders will minimise the risk of child-on-child abuse by:

- Engage with the local safeguarding partners in both the prevention and response to childon-child abuse.
- Collecting and responding to pupil voice and listening to the wishes of the pupil that has been harmed in every incident.
- Teaching pupils about the law and ensuring that they understand that it is there to protect rather than criminalise them.
- Raising awareness of the risks and never normalising these behaviours
- Ensuring that all staff are trained to identify indicators to abuse, the barriers to disclosure and the impact of societal norms on pupils behaviours and subconscious bias
- Ensuring that pupils are taught about forms of abuse and the impact of societal norms and biases and how to report concerns
- Ensuring that all policies and procedures are clear and well known
- Completing a preventative risk assessment that considers contextual harms
- Not tolerating any form of prejudice and ensuring that every incident of HSB is addressed both proportionately and in line with guidance and by publishing these processes
- Ensuring that all children (especially those who identify as LGBTQ) have a trusted/safe adult with whom they feel they can be open with and share their concerns.

At Sun Academy Bradwell, Academy leaders will minimise the risk of peer on peer abuse by:

- Ensuring that all staff must challenge any form of derogatory and sexualised language or behaviour. Staff should be vigilant to sexualised/aggressive touching/grabbing particularly towards girls. Behaviours by children should never be passed off as 'banter' or 'part of growing up'. The DfE states 'peer on peer abuse should be taken as seriously as abuse by adults and should be subject to the same child protection procedures.'
- Professionals should not dismiss abusive behaviour as normal between young people and should not develop high thresholds before taking action.' Concerns should be referred to senior staff, who, may need to consult with the Designated Safeguarding Lead. Victims of peer on peer harm will be supported by the school's pastoral system and referred to specialist agencies if appropriate.

• As an academy we are aware of the potential for children with SEND or identifying or identified by peers as LGBT, to have additional barriers when it comes to safeguarding. The academy recognises that these groups can be more vulnerable to abuse and neglect. Disabled children may be especially vulnerable to abuse because they may have an impaired capacity to resist or avoid abuse. They may have speech, language and communication needs which may make it difficult to tell others what is happening. Staff will be alert to behaviours which may indicate abuse or neglect, such as sudden changes in their mental health. By understanding the warning signs, it will be possible to respond to problems as early as possible and provide the right support and services for the child and their family.

We recognise that some pupils may sometimes negatively affect the learning and wellbeing of others and their behaviour will be dealt with under the Behaviour for Learning Policy.

Occasionally, allegations of a safeguarding nature may be made against pupils by others in the academy. Where this is the case an appropriate risk assessment and referrals will be undertaken to establish next steps to deal with the allegation.

The child-on-child risk assessment will include as a minimum:

- If a relationship has previously existed in any format; is there an imbalance of power within their relationships?
- is the allegation of a serious nature?
- If the allegation includes a criminal offence, has the referral to the police and child service been made?
- Does this allegation raise risk factors for other pupils in the academy?
- Does the allegation indicate that other pupils may have been/could be affected by this pupil?
- Does the allegation indicate that young people outside the academy may be affected by this pupil (familial harms)?
- Does this allegation indicate that the contextual safeguarding within the academy environments should be reviewed?
- What support does this allegation indicate are needed for both the victim and alleged perpetrator of the child-on-child abuse?

Academy leaders will support the victims and perpetrators and alleged perpetrators of peer-on-peer abuse by:

- Providing in school nurture or positive play support
- Listening to their concerns showing respect and support, considering the best way to support all children within the situation, seeking advice from external agencies if needed.
 Risk assessments may be used to support all children of peer on peer abuse. Support will be given to children and families through:

Early help referral

Staffordshire County Council's Education Safeguarding Advice Service 01785 895836 Email: esas@staffordshire.gov.uk

Referral to social care - Staffordshire Children's Social Care Services: Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (M.A.S.H.) 0300 111 8007. Email www.staffordshire.gov.uk/reportconcern

The Victim:

The needs and wishes of the victim are paramount (along with protecting the child) in any response. It is important they feel in as much control of the process as is reasonably possible. Wherever possible, the victim, if they wish, will be able to continue in their normal routine. Overall, the priority will be to make the victim's daily experience as normal as possible, so that the academy is a safe space for them. The victim will never be made to feel they are the problem for making a report or made to feel ashamed for making a report.

The proportionality of the response will always be considered. Support will be tailored on a case-by-case basis. The support required regarding a one-off incident of sexualised name-calling is likely to be vastly different from that for a report of rape.

Victims may not disclose the whole picture immediately. They may be more comfortable providing information on a piecemeal basis. It is essential that dialogue is kept open and encouraged. When it is clear that ongoing support will be required, the academy will ask the victim if they would find it helpful to have a designated trusted adult (for example, their class teacher or designated safeguarding lead) to talk to about their needs. The choice of any such adult will be the victim's.

All disclosures, actions and information will be recorded via CPOMs.

The Perpetrators or alleged Perpetrators:

The academy will consider the age and the developmental stage of the alleged perpetrator and nature of the allegations. Any child will likely experience stress as a result of being the subject of allegations and/or negative reactions by their peers to the allegations against them.

Support (and sanctions) will be considered on a case-by-case basis. An alleged perpetrator may potentially have unmet needs (in some cases these may be considerable) as well as potentially posing a risk of harm to other children. Harmful sexual behaviours in young children may be (and often are) a symptom of either their own abuse or exposure to abusive practices and or materials.

Advice will be taken, as appropriate, from children's social care, specialist sexual violence services and the police.

All disclosures, actions and information will be recorded via CPOMs

For more guidance on peer on peer abuse or harmful sexual behaviour:

Sexual violence and sexual harassment between children (2018)

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file /707653/Sexual_Harassment_and_Sexual_Violence_Advice.pdf?mc_cid=3f7bebf7f4&mc_eid=92f2b bb0b5

Related - NSPCC Harmful Sexual Behaviour Framework Audit Tool

 $\frac{https://www.nspcc.org.uk/globalassets/documents/publications/harmful-sexual-behaviour-framework-audit-tool.pdf}{}$

All staff and volunteers must be aware that adults or children, who use children to meet their own sexual needs, abuse both girls and boys of all ages. In all cases, children who tell someone about sexual abuse do so because they want it to stop. It is important, therefore, that children are always listened to, reassured, and taken seriously and (as in all cases of abuse or neglect) that our reporting system is followed systematically without fail.

6.8 'Sexting' 'Nudes' 'Pics'

We will adhere to the guidance issued by the UK Council for Child Internet Safety (2020) https://www.gov.uk/government/publications/sharing-nudes-and-semi-nudes-advice-for-education-settings-working-with-children-and-young-people

Sexting is when someone shares sexual, naked or semi-naked images or videos of themselves (or others) or sends sexually explicit messages. They can be sent, received or forwarded using any device that allows you to share media and messages.

Sexting may also be called:

- trading nudes
- dirties
- pic for pic
- pics.

There are many reasons why a young person may want to send a naked or semi-naked picture, video or message to someone else.

- joining in because they think that 'everyone is doing it'
- boosting their self-esteem
- flirting with others and testing their sexual identity
- exploring their sexual feelings
- to get attention and connect with new people on social media
- they may find it difficult to say no if somebody asks them for an explicit image, especially if the person asking is persistent
- exploitation or blackmail

Loss of control of images

It is easy to send a photo or message, but the sender has no control about how it's passed on.

When images are stored or shared online they become public. Some people may think that images and videos only last a few seconds on social media and then they're deleted (such as snapchat) but they can still be saved or copied by others.

Images used on social media are also owned in many cases by the media that the child has used, for example anything in the Apple cloud is owned by Apple and anything posted on Facebook is owned by Facebook and will remain within their storage area. These storage areas are open to hacking and frequently are. This means that photos or videos which a young person may have shared privately could still end up being shared between adults they don't know.

However due to awareness campaigns many young people are aware of the permanence of online images and as a consequence to this rather than external risks need support and guidance in reducing the visibility of the image by contacting external agencies, support with parents and mental health and wellbeing provision.

Some sources of support for wellbeing and mental health that we recommend include:

CAMHS School Nurse Hub Brighter futures - 0808 800 2234 (Parents) North Staffs Minds - 0300 123 0907 Staffordshire Mental Health Helpline - 01782 406000 Referral to 'Children and Families First' team via school or self-referral MHFA England

NSPCC: 0808 800 5000

Samaritans: 116 123 (24/7 telephone)

Associated risks of sexting, nudes, pics include:

Blackmail

An offender may threaten to share the pictures with the child's family and friends unless the child sends money or more images.

Unwanted attention

Images posted online can attract the attention of sex offenders, who know how to search for, collect and modify images and pose an even greater personal risk to the young person.

Bullying

If images are shared with their peers or in school, the child will be humiliated and may be <u>bullied</u>.

Emotional distress

Children can feel embarrassed and humiliated. If they're very distressed this could lead to suicide or self-harm.

Prevention:

All staff will be trained in online-safety (Refer to our E-Safety policy for more information) and will have a role in preventing young people from sexting/nudes.

All staff will be available and approachable for pupils to make disclosures about sexting which will then be referred to the DSL for further investigation.

Every child is different, so our approach will be based on their exact situation.

We will seek to prevent young people sexting through educating them about the laws and potential consequences of sexting.

This may be addressed through e-safety sessions both in discrete PSHE lessons and during other topical themed lessons, Assemblies and through targeted group sessions led by external groups such as the local support team or Police Community Support Officers.

We will:

- Outline our expectations and explain the rules of having a mobile phone tablet or smartphone through the acceptable use agreement
- Ask pupils what they feel is acceptable to send to other people then discuss appropriate images and the dangers of inappropriate images (listed above)
- Make sure pupils are comfortable saying no, that they know their body is private and being asked to share explicit images is inappropriate and illegal. Talk about whether a person who asks for an image from you might also be asking other people for images.

- Explain to pupils about the importance of trust and consent in a healthy relationship (Refer to the Sex and Relationships Education policy)
- Tell pupils that it's not ok for someone to make them feel uncomfortable, to pressure them
 into doing things that they don't want to do, or to show them things that they're unhappy
 about.
- Tell pupils what can happen if things go wrong through real life examples such as television
 programs or news stories as far as possible, but also make clear that there is help and
 support to remove images and 'get through' any situation they or their peers find
 themselves in and encourage them to seek support from us.
- Ask pupils about the 'Granny rule' would you want your Granny to see the image you're sharing?
- Discuss the impact of revenge sexting after relationships have broken down or a friend has done something as a joke and lost control of the image etc.
- Provide details of support and coping strategies if the young person finds themselves in an uncomfortable position such as the Zipit App to control the conversation with funny images to prevent further request for pictures or ChildLine if the situation has got out of control.
- Let pupils know that they can speak to us if this ever happens and that disclosures will be treated confidentially and without embarrassment and support will be given.
- Train staff to react calmly and listen to the concerns of the child and explain that they must share the information confidentially with the DSL.

When a child has been affected by sexting we will:

- Recognise that if the child has been sending explicit images or videos of themselves, the child may feel anxious and there may be additional barriers due to perceived 'guilt'
- Recognise that they themselves may feel shocked, upset, angry, confused or disappointed while listening to the child, but that it is inappropriate to show this in any way
- Give themselves time to process the information, remembering that the child will be watching their reactions
- Reassure the child that they aren't alone
- Listen and offer support they're probably upset and need help and advice, never criticism or comments such as 'I told you not to do that'
- Not ask questions like "why have you done it" as this may stop them from opening up
- Discuss the problem and the wider pressures that they may face, to help them to understand what's happened and understand any wider safeguarding concerns
- Assure the child that they'll do all they can to help and explain that they will seek the support of the DSL
- Remind them that they can always talk to Childline or another trusted adult if they aren't comfortable talking directly to the staff member

If a child has shared an explicit image, we will:

- Ask them who they initially sent it to, their age, and if they know whether it's been shared with anyone else.
- Support the pupil to ask the social media site to remove the image and get in touch with <u>Childline</u>. Together, Childline and the Internet Watch Foundation (IWF) will try to get the image removed.

- Alternatively, if it is in the best interests of the pupil, we will make a report direct to the Internet Watch Foundation (IWF). Childline is a confidential service, but to make a report on a child's behalf to the IWF we need to confirm who the child is and their date of birth.
- Staff need to provide Childline or IWF with a link to the image which may require the police (because staff should not look at the image) to be involved (assess this against the 'aggravating factors'). After the link is sent staff will not keep a copy of the image for evidence as it's illegal to share or store child abuse images.
- Discuss wider safeguarding concerns and agree who will be contacted and when they will contact parents/police/CEOP/ as appropriate to the case.
- Contact the <u>Child Exploitation and Online Protection Centre</u> (CEOP) as well as the police if the image was requested by an adult, as this is grooming which is illegal.
- If the image was requested by a school aged pupil not from this academy, we will contact the DSL at that school to raise awareness of potential wider safeguarding issues or circulation of the image in their school.

We will encourage the child to:

- Delete images from their social media accounts if they've have uploaded the image themselves
- If they're sharing an image which somebody else uploaded, consider asking that person to delete it
- If the image or video was shared over the web, don't comment on it or share it as this may mean the image is seen more widely

If a child has been sent a sexually explicit image:

- Staff will ask them if they know the person who sent it and their age
- If the image was sent by another young person, staff may want to help the child to speak to the sender in order to stop future messages. If the child agrees, staff can also help them to block the sender on social media;
- Staff should look at <u>Net Aware</u> for information and advice about this or contact the O2 and NSPCC online safety helpline on 0800 800 5002;
- If the image was sent by an adult, staff should contact <u>CEOP</u>, the Child Exploitation and Online Protection Centre, as this may be part of the <u>grooming</u> process.

A young person is breaking the law if they:

- Take an explicit photo or video of themselves or a friend. We will follow the guidance on aggravating factors and when to report to the police. In most cases of consensual sharing of images, the police will not need to be notified. Where there is an aggravating factor that includes a form of abuse incidents will be reported to the police.
- Share an explicit image or video of a child, even if it's shared between children of the same age
- Possess, download or store an explicit image or video of a child, even if the child gave their permission for it to be created
- However, as of January 2016, if a young person is found creating or sharing images, the
 police can choose to record that a crime has been committed but that taking formal action
 isn't in the public interest.

Crimes recorded this way are unlikely to appear on future records or checks, unless the
young person has been involved in other similar activities which may indicate that they're a
risk.

6.9 'Upskirting'

The Voyeurism (Offences) Act, which is commonly known as the Upskirting Act, came into force on 12 April 2019. 'Upskirting' is where someone takes a picture under a person's clothing (not necessarily a skirt) without their permission and or knowledge, with the intention of viewing their genitals or buttocks (with or without underwear) to obtain sexual gratification, or cause the victim humiliation, distress or alarm. It is a criminal offence. Anyone of any gender, can be a victim.

Any concerns related to upskirting must be reported to the DSL in line with the reporting process outlines within this policy and where appropriate staff will also consult the Anti- child-on-child abuse policy.

Signposts for support or advice:

- CEOP's <u>Thinkuknow</u> give advice for parents, as well as children and young people of different
 ages, on staying safe online. Thinkuknow have created <u>short videos</u> to help parents
 understand why children 'sext', how to talk to them about it and what to do if their child is
 affected
- <u>Internetmatters.org</u> work to help parents keep their children safe online. They provide free advice on online issues affecting children, including <u>sexting</u> and <u>grooming</u>.
- <u>The UK Safer Internet Centre</u> gives advice and resources for parents and professionals on online safety. Their website has links to games and quizzes for <u>primary</u> and <u>secondary</u> aged children that encourages them to be safe online.
- O2 and NSPCC Help Line: 0808 8005002
- **Zipit app**: This app provides children with alternative images to send in response to a request for explicit images.

6.10 Child Criminal Exploitation (CCE) and Exploitation of Vulnerable Adults (County Lines & Serious Violence)

Both Child Sexual Exploitation (CSE- see 6.11) and CCE are forms of abuse and both occur where an individual or group takes advantage of an imbalance in power to coerce, manipulate or deceive a child into sexual or criminal activity. Some specific forms of CCE can include children being forced or manipulated into transporting drugs or money through county lines, working in cannabis factories, shoplifting or pickpocketing. They can also be forced or manipulated into committing vehicle crime or threatening/committing serious violence to others.

Whilst age may be the most obvious, this power imbalance can also be due to a range of other factors including gender, sexual identity, cognitive ability, physical strength, status, and access to economic or other resources. In some cases, the abuse will be in exchange for something the victim needs or wants and/or will be to the financial benefit or other advantage (such as increased status) of the perpetrator or facilitator. The abuse can be perpetrated by individuals or groups, males or females, and children or adults.

The abuse can be a one-off occurrence or a series of incidents over time and range from opportunistic to complex organised abuse. It can involve force and/or enticement-based methods of compliance and may, or may not, be accompanied by violence or threats of violence. The experience of girls who are criminally exploited can be very different to that of boys. The indicators may not be

the same, however colleagues should be aware that girls are at risk of criminal exploitation too. It is also important to note that both boys and girls being criminally exploited may be at higher risk of sexual exploitation (CSE- see 6.11).

Victims can be exploited even when activity appears consensual and it should be noted exploitation as well as being physical can be facilitated and/or take place online.

County lines is the police term for urban gangs supplying drugs to suburban areas/market or coastal towns using dedicated mobile phone lines or "deal lines".

It involves child criminal exploitation (CCE) as gangs use children and vulnerable people to move drugs and money. Gangs establish a base in the market location, typically by taking over the homes of local vulnerable adults by force or coercion in a practice referred to as 'cuckooing'.

County lines is a major, cross-cutting issue involving drugs, violence, gangs, safeguarding, criminal and sexual exploitation, modern slavery, and missing persons; and the response to tackle it involves the police, the National Crime Agency, a wide range of Government departments, local government agencies and VCS (voluntary and community sector) organisations.

County lines activity and the associated violence, drug dealing and exploitation has a devastating impact on young people, vulnerable adults and local communities.

Signs to look out for:

- Going missing from school or home and / or being found out-of-area (though criminal gangs are becoming 'wise' to this method of identifying children that have been exploited and are moving to exploit children in the local area to avoid notice)
- Unexplained acquisition of money, clothes, or mobile phones
- Excessive receipt of texts / phone calls
- Relationships with controlling / older individuals or groups
- Leaving home / care without explanation
- Suspicion of physical assault / unexplained injuries
- Parental concerns
- Carrying weapons
- Significant decline in school results / performance
- Gang association or isolation from peers or social networks
- Self-harm or significant changes in emotional well-being

Where staff or volunteers have a concern around county lines they should inform their DSL immediately who will follow the local authority safeguarding procedures. Where there is a risk of imminent harm an immediate referral to the police should be made.

If you are worried about a child in Staffordshire contact Staffordshire Children's Advice and Support Team on: 0300 111 8007 (Monday to Thursday, 8:30am-5:00pm and Friday 8:30am-4:30pm)

In an emergency outside office hours, please phone 0345 6042 886 (0345 6042 889)

If you are worried about an adult contact the Police on 101

Staffordshire Safeguarding Children Board Procedures www.https://Staffsscb.org.uk

Criminal Exploitation of Children and Vulnerable Adults; County Lines

Regardless of gender or the role that they have been made to undertake any child or adult who has experienced criminal exploitation is likely to have experienced or been threatened with serious violence to themselves or their family or community.

Serious violence indicators include:

- increased absence from school
- a significant decline in performance
- changes in friendships or relationships with older individuals or groups
- indicators of self-harm
- a significant change in well-being or signs of assault of unexplained injuries
- unexplained gifts or new possessions could also indicate that children have been approached by or involved with individuals associated with criminal networks or gangs

Staff training will include these signs and indicators in line with the Home Office guidance 'Preventing youth violence and gang involvement' and 'Criminal exploitation of children and vulnerable adults: county lines guidance (2018) and contextual safeguarding.

Colleagues are also trained on the additional risk factors associated with serious violence such as being male, having been frequently absent or permanently excluded from school, having experienced child maltreatment and having been involved in offending, such as theft or robbery.

Preventing youth violence and gang involvement:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/418131/Preventing youth violence and gang involvement v3 March2015.pdf

County Lines:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/741194/HOCountyLinesGuidanceSept2018.pdf

County Lines and Criminal Exploitation Toolkit:

https://www.childrenssociety.org.uk/information/professionals/resources/county-lines-toolkit

Contextual Safeguarding Network:

https://www.contextualsafeguarding.org.uk/

6.11 Child Sexual Exploitation (CSE)

CSE is a form of child sexual abuse. Sexual abuse may involve physical contact, including assault by penetration (for example, rape or oral sex) or nonpenetrative acts such as masturbation, kissing, rubbing, and touching outside clothing. It may include noncontact activities, such as involving children in the production of sexual images, forcing children to look at sexual images or watch sexual activities, encouraging children to behave in sexually inappropriate ways or grooming a child in preparation for abuse including via the internet. CSE can occur over time or be a one-off occurrence, and may happen without the child's immediate knowledge e.g. through others sharing videos or images of them on social media.

Child sexual exploitation (CSE) involves exploitative situations, contexts and relationships where young people receive something (for example food, accommodation, drugs, alcohol, gifts, money or in some cases simply affection) as a result of engaging in sexual activities. There is always an imbalance of power in the relationship. It is a form of sexual abuse. It is also important to recognise that some young people who are being sexually exploited do not exhibit any external signs of this

abuse. CSE can affect any child, who has been coerced into engaging in sexual activities. This includes 16 and 17 year olds who can legally consent to have sex.

We are also aware that many children and young people who are victims of sexual exploitation do not recognise themselves as such which can be an additional barrier to disclosure. Colleagues receive training and updates on CSE to ensure awareness of and mitigate these additional difficulties to ensure children receiving appropriate intervention and support at the earliest opportunity.

Sexual exploitation can take many forms ranging from the seemingly 'consensual' relationship where sex is exchanged for affection or gifts, to serious organised crime by gangs and groups.

The perpetrator holds some kind of power over the victim which increases as the exploitative relationship develops. Sexual exploitation involves varying degrees of coercion, intimidation or enticement, including unwanted pressure from peers to have sex or sexual bullying including cyberbullying and grooming.

There are three main types of child sexual exploitation:

'Inappropriate relationships'

Usually involves just one abuser who has inappropriate power which might be physical, emotional or financial – or control over a young person. The young person may believe they have a genuine friendship or loving relationship with their abuser.

'Boyfriend'

Abuser grooms the victim by striking up a relationship with them, giving them gifts and meeting in cafés or shopping centres. A seemingly consensual sexual relationship develops but later turns abusive. Victims might be required to attend 'parties' and sleep with multiple men and are threatened with violence (directly or against family members) if they try to seek help.

'Organised exploitation and trafficking'

Victims are trafficked through criminal networks, often between towns and cities and are forced or coerced into sex with multiple men. They may also be used to recruit new victims. This serious organised activity can involve the buying and selling of young people.

For more information on CSE and a guide for practitioners please go to: https://www.gov.uk/government/publications/child-sexual-exploitation-definition-and-guide-for-practitioners

Key indicators of children being sexually exploited may include:

- receiving unexplained gift or gifts from unknown sources
- associating with other young people involved in exploitation
- going missing for periods of time or regularly coming home late (please refer to the academy attendance policy)
- regularly missing education or not taking part
- displaying inappropriate sexualised behaviour
- having multiple phones
- mood swings or changes in emotional wellbeing
- being seen at strange meeting places (hotels or known places of concern)
- having older boyfriends / girlfriends (where the age difference might create an imbalance of power)
- self-harming / drug or alcohol misuse

• injuries (physical).

Academy safeguarding procedures for reporting any concerns apply and all concerns must be recorded and reported as soon as is reasonably possible and certainly that day.

The local response and support for CSE can be found at:

https://www.staffsscb.org.uk/wp-content/uploads/2020/12/Child-Sexual-Exploitation.pdf

https://www.gov.uk/government/publications/sexual-violence-and-sexual-harassment-between-children-in-schools-and-colleges

Contact Staffordshire Police on 999 in an emergency

Ring Staffordshire Children's Advice and Support Team on 0300 111 8007 or Staffordshire Police on 101

Ring NSPCC on 0808 800 5000

6.12 Honour Based Abuse (HBA)

So-called 'honour-based' abuse (HBA) encompasses incidents or crimes which have been committed to protect or defend the honour of the family and/or the community, including female genital mutilation (FGM), forced marriage, and practices such as breast ironing.

Abuse committed in the context of preserving "honour" often involves a wider network of family or community pressure and can include multiple perpetrators. It is important to be aware of this dynamic and additional risk factors when deciding what form of safeguarding action to take. All forms of HBA are abuse (regardless of the motivation) and should be handled and escalated as such. Professionals in all agencies, and individuals and groups in relevant communities, need to be alert to the possibility of a child being at risk of HBA, or already having suffered HBA.

It is important to be aware of this dynamic and additional risk factors when deciding what form of safeguarding action should take once the concern has been shared with the Designated Safeguarding Lead (DSL) or deputy (DDSL).

All forms of HBV are abuse (regardless of the motivation) and should be handled and escalated as such. If in any doubt, staff should speak to the DSL (or deputy).

6.12.1 Female Genital Mutilation (FGM)

Female Genital Mutilation (FGM) refers to procedures that intentionally alter or cause injury to the female genital organs for non-medical reasons. The practice is illegal in the UK.

FGM typically takes place between birth and around 15 years old however, it is believed that the majority of cases happen between the ages of 5 and 8.

Risk factors for FGM include:

- a low level of integration into UK society
- having a mother or a sister who has undergone FGM
- girls who are withdrawn from PSHE
- visiting female elder from the country of origin (where FGM is known to be prevalent)
- being taken on a long holiday to the country of origin (where FGM is known to be prevalent)

• talk about a 'special' procedure to become a woman

Indications that FGM may have already taken place may include:

- difficulty walking, sitting or standing and may even look uncomfortable
- spending longer than normal in the bathroom or toilet due to difficulties urinating
- spending long periods of time away from a classroom during the day with bladder or menstrual problems
- frequent urinary, menstrual or stomach problems
- prolonged or repeated absences from academy especially with noticeable behaviour changes (e.g. withdrawal or depression) on the girl's return
- reluctance to undergo medical examinations
- confiding in a professional without being explicit about the problem due to embarrassment or fear
- talking about pain or discomfort between her legs.

The Serious Crime Act 2015 sets out a duty on professionals (including teachers) to notify police when they discover that FGM appears to have been carried out on a girl under 18. This will usually come from a disclosure. Under no circumstances should staff physically examine pupils.

Staff must report to the police cases where they discover that an act of FGM appears to have been carried out and discuss any such cases with the Designated Safeguarding Lead (DSL) who will refer to children's social care. The duty to report to the police does not apply in relation to at risk or suspected cases though staff will always refer to the DSL to take the next appropriate steps.

For further advice from the Home Office on FGM please go to: https://www.gov.uk/government/collections/female-genital-mutilation

For the multi-agency statutory guidance please go to:

https://www.gov.uk/government/publications/multi-agency-statutory-guidance-on-female-genital-mutilation

The following is a useful summary of the FGM mandatory reporting duty from the Home Office: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/496415/6 1639 HO SP FGM mandatory reporting Fact sheet Web.pdf

6.12.2 Forced Marriage

A forced marriage is where one or both people do not (or in cases of people with learning disabilities, cannot) consent to the marriage and pressure or abuse is used. A marriage must be entered into with the free and full consent of both parties, there must be a choice.

Forced marriage is recognised as a form of violence against women and men, domestic/child abuse and a serious abuse of human rights.

The pressure put on people to marry against their will can be physical (including threats, actual physical violence and sexual violence) or emotional and psychological (for example, when someone is made to feel like they're bringing shame on their family). In some case people may be taken abroad without knowing that they are to be married. When they arrive in that country, their passport(s)/travel documents may be taken to try to stop them from returning to the UK.

An *arranged* marriage is not the same as a forced marriage. In an arranged marriage, the families take a leading role in choosing the marriage partner, but both parties are free to choose whether to enter into the marriage or not.

Forced marriage is an abuse of human rights, a form of violence against men and women. It is child abuse when it affects children and abuse of vulnerable people when it affects those with disabilities. Where staff or volunteers have an reason to suspect that someone is experiencing pressure or being forced into marriage, they must report this to the DSL through the academy process.

For more statutory information on force marriage:

https://www.gov.uk/government/publications/the-right-to-choose-government-guidance-on-forced-marriage/multi-agency-statutory-guidance-for-dealing-with-forced-marriage-and-multi-agency-practice-guidelines-handling-cases-of-forced-marriage-accessible

6.12.3 Breast Ironing/Flattening

Breast ironing or flattening is the process during which young pubescent girls' breasts are ironed, massaged, flattened and/or pounded down over a period of time (sometimes years) in order for the breasts to disappear or delay the development of the breasts entirely. Girls aged between 9 and 15 have hot pestles, stones or other implements rubbed on their developing breast to stop them growing further. In the vast majority of known cases breast ironing is carried out by mothers or grandmothers and the men in the family are unaware.

Why does breast ironing happen?

The practice of breast ironing is seen as a protection to girls by making them seem 'child-like' for longer and reduce the likelihood of pregnancy. Once girls' breasts have developed, they are at risk of sexual harassment, rape, forced marriage and kidnapping; consequently, breast ironing is more prevalent in cities. It is seen by the perpetrator as a protective measure for the child.

Breast ironing is physical abuse

Breast ironing is a form of physical abuse that has been condemned by the United Nations and identified as Gender-based Violence. Although, countries where breast ironing is prevalent have ratified the African Charter on Human Rights to prevent harmful traditional practices, it is not against the law.

Breast ironing does not stop the breasts from growing, but development can be slowed down. Damage caused by the 'ironing' can leave women with malformed breasts, difficulty breastfeeding or producing milk, severe chest pains, infections and abscesses. In some cases, it may be related to the onset of breast cancer.

Breast Ironing in the UK

Concerns have been raised that breast ironing is also to be found amongst African communities in the UK, with as many as 1,000 girls at risk. Keeping Children Safe in Education (2021) mentions breast ironing as part of the section on So-called 'Honour' Based Abuse'.

Staff or volunteers worried about the risk of breast ironing in the academy should refer through the appropriate channels to the Designated Safeguarding Lead as soon as possible who will make a referral to children's services. If staff or volunteers are concerned that the girl is in immediate danger, contact the police by calling 999.

The DSL will also contact the Foreign and Commonwealth Office if the girl has been taken abroad:

• telephone: 020 7008 1500

• from overseas: +44 (0)20 7008 1500

For more information on breast ironing or flattening go to: http://nationalfgmcentre.org.uk/breast-flattening/

6.13 Domestic Abuse and Young People

The cross-government definition of domestic violence and abuse is: any incident or pattern of incidents of controlling, coercive, threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality.

The abuse can encompass but is not limited to: psychological; physical; sexual; financial; and emotional. All children who witness domestic abuse can be adversely affected by domestic abuse in the context of their home life where domestic abuse occurs between family members. Exposure to domestic abuse and/or violence can have a serious, long lasting emotional and psychological impact on children. They may see, hear, or experience the effects of abuse at home and/or suffer domestic abuse in their own intimate relationships (teenage relationship abuse). All of which can have a detrimental and long-term impact on their health, well-being, development, and ability to learn.

In some cases, a child may blame themselves for the abuse or may have had to leave the family home as a result. Children who witness domestic abuse are categorised as victims of domestic abuse and children fleeing an area where domestic abuse has occurred should be given priority placements in schools through fair access arrangements.

We encourage pupils to come forward by raising awareness of the issue and teaching pupils about health relationships through SRE, the wider curriculum and modelling behaviour in the academy and ensure that staff are trained to report any concerns that they identify.

Adolescent to Parent Violent Abuse

APVA is a hidden form of domestic violence and abuse that is often not spoken about. By raising awareness around this issue, we can provide better protection to victims and apply an appropriate safeguarding approach. For more information on APVA go to:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/420963/APVA.pdf

What to look out for when a child is witnessing domestic abuse:

The emotional responses of children who witness domestic violence may include fear, guilt, shame, sleep disturbances, sadness, depression, and anger (at both the abuser for the abuse and at the victim for being unable to prevent the abuse).

Physical responses may include stomach aches and/or headaches, bedwetting, and loss of ability to concentrate. Some children may also experience physical or sexual abuse or neglect. Others may be injured while trying to intervene on behalf of the victim or a sibling.

The behavioural responses of children who witness domestic violence may include acting out, withdrawal, or anxiousness to please. The children may exhibit signs of anxiety and have a short attention span which may result in poor academic performance and attendance. They may experience developmental delays in speech, motor or cognitive skills. They may also use violence to

express themselves displaying increased aggression with peers or family. They can become self-injuring.

If a child discloses that they have witnessed domestic abuse, or an adult linked to a child in your academy discloses that they are being abused staff and volunteers are directed to follow Sun Academy Bradwell's safeguarding procedures and report your concern to the DSL.

For more information on Domestic Abuse go to:

https://www.gov.uk/guidance/domestic-violence-and-abuse#history

6.14 Preventing Radicalisation

The Counter-Terrorism and Security Act, 2015, places a duty on specified authorities, including local authorities and childcare, education and other children's services providers, in the exercise of their functions, to have due regard to the need to prevent people from being drawn into terrorism "the Prevent Duty".

Where staff are concerned that children and young people are developing extremist views or show signs of becoming radicalised they should discuss this with the Designated Safeguarding Lead (DSL).

The DSL has received training about the Prevent Duty and tackling extremism and is able to support staff with any concerns they may have.

Channel

We understand when it is appropriate to make a referral to the Channel programme. Channel is a programme which focuses on providing support at an early stage to people who are identified as being vulnerable to being drawn into terrorism.

Channel guidance is available at: https://www.gov.uk/government/publications/channel-guidance

We use the safeguarding through the curriculum to ensure that children and young people understand how people with extreme views share these (including online) to radicalise others.

We are committed to ensuring that our pupils are offered a broad and balanced curriculum that aims to prepare them for life in modern Britain. Teaching our core values alongside the Fundamental British Values supports quality teaching and learning, whilst making a positive contribution to the development of a fair, just and civil society.

Early indicators of radicalisation or extremism may include:

- showing sympathy for extremist causes
- glorifying violence, especially to other faiths or cultures
- making remarks or comments about being at extremist events or rallies outside academy
- evidence of possessing illegal or extremist literature
- advocating messages similar to illegal organisations or other extremist groups
- out of character changes in dress, behaviour and peer relationships (but there are also very
 powerful narratives, programmes and networks that young people can come across online
 so involvement with particular groups may not be apparent.)
- secretive behaviour
- online searches or sharing extremist messages or social profiles
- intolerance of difference, including faith, culture, gender, race or sexuality
- graffiti or artwork or writing that displays extremist themes

- attempts to impose extremist views or practices on others
- verbalising anti-Western or anti-British views
- advocating violence towards others

For the revised Prevent Duty Guidance please go to:

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file /445977/3799 Revised Prevent Duty Guidance England Wales V2-Interactive.pdf

For further Guidance for schools and childcare providers on preventing children and young people from being drawn into terrorism from the Home Office please go to:

https://www.gov.uk/government/publications/protecting-children-from-radicalisation-the-prevent-duty

The Government's 'Educate Against Hate' provides information on training resources for teachers, staff and school and college leaders, such as Prevent e-learning, via the Prevent Training catalogue.

https://educateagainsthate.com/

More information accessible can be found here: <u>Get help if you're worried about someone being</u> radicalised - GOV.UK (www.gov.uk)

6.15 Mental Health

All staff should be aware that mental health problems can, in some cases, be an indicator that a child has suffered or is at risk of suffering abuse, neglect or exploitation.

Only appropriately trained professionals should attempt to make a diagnosis of a mental health problem. In addition, ATT professionals are well placed to observe children day-to-day and identify those whose behaviour suggests that they may be experiencing a mental health problem or be at risk of developing one.

We will ensure that we have clear systems and processes in place for identifying possible mental health problems, including routes to escalate and clear referral and accountability systems.

Where children have suffered abuse and neglect, or other potentially traumatic adverse childhood experiences (ACEs), this can have a lasting impact throughout childhood, adolescence and into adulthood. We will ensure that staff are aware of how these children's experiences, can impact on their mental health, behaviour and education.

We seek to embed positive mental health and mental health awareness through our academy to create a culture where pupils can self-identify, signpost peers and seek support themselves. We undertake staff training and promote mental health awareness through the PSHE schemes.

If staff have a mental health concern about a child that is also a safeguarding concern, immediate action should be taken, following the referral mechanisms listed within this policy and speaking to the designated safeguarding lead or a deputy.

Please see Appendix 2 for the overview of our mental health strategy.

Useful information

https://www.gov.uk/government/publications/mental-health-and-behaviour-in-schools--2

https://www.gov.uk/government/publications/promoting-children-and-young-peoples-emotional-health-and-wellbeing

https://campaignresources.phe.gov.uk/schools/topics/rise-above/overview

7. Children with Special Educational Needs (SEN) and disabilities

Children and young people with SEN and disabilities can face additional safeguarding challenges as:

- assumptions that indicators of possible abuse such as behaviour, mood and injury relate to the child's condition without further exploration;
- these children being more prone to peer group isolation or bullying (including prejudice-based bullying) than other children;
- the potential for children with SEND or certain medical conditions being disproportionally impacted by behaviours such as bullying, without outwardly showing any signs; and
- communication barriers and difficulties in managing or reporting these challenges.

Safeguarding training for staff and volunteers reminds staff of the additional barriers that some pupils face and offers guidance on how to mitigate this by increased awareness and consideration of those barriers.

We identify and support pupils who might need more support in their awareness of issues and ability to safeguard themselves by:

- Liaising with external agencies if they are involved
- Providing 1:1 sessions to address individual need
- Seeking advice from Staffordshire County Council Education Advise line (tel: 01785 895836 email: esas@staffordshire.gov.uk

8. Recruitment of staff and volunteers

We will ensure that the statutory Safer Recruitment practices are always followed (KCSIE 2021).

Every interview panel will have at least one member who has a certificate in Safer Recruitment. We will check on the identity of candidates, follow up references with referees and scrutinise applications for gaps in employment. We will record the answers to safeguarding questions asked during the interview process on staff personnel files. We will ensure that safeguarding considerations are at the centre of each stage of the recruitment process.

We will ensure that agencies and third parties supplying staff provide us evidence that they have made the appropriate level of safeguarding checks on individuals working in our academy or to those who will be working on behalf of our academy, including online.

We will ensure that any alternative provision facility working with the academy provide us evidence that they have made the appropriate level of safeguarding checks on individuals working in their provision.

Every job description and person specification will have a clear statement about the safeguarding responsibilities of the post holder.

We will ensure that all staff involved in recruitment are aware of government guidance on safer recruitment and that its recommendations are followed.

The Disclosure and Barring Service (DBS) helps employers make safer recruitment decisions and prevent unsuitable people from working with vulnerable groups, including children. We will ensure the correct level of DBS certificate is sought and ensure a prohibition check is undertaken.

The types of checks undertaken will be in accordance with the guidance given in the Keeping Children Safe in Education (September 2021) document.

Any offer of appointment made to a successful candidate (including one who has lived or worked abroad) will be conditional on satisfactory completion of the necessary pre-employment checks as required in the guidance given in the Keeping Children Safe in Education (September 2021) document.

Where an enhanced DBS Certificate is required, it will be obtained from the candidate before or as soon as is practicable after the person is appointed.

The academy leaders will always ask for written information about previous employment history and check that information is not contradictory or incomplete. Reference will be sought on all shortlisted candidates, including internal ones, before interview, so that any issues or concerns they raise can be explored with the referee and taken up with the candidate at interview. (Unless in some instances where candidates have expressly denied permission for the employer to approach their referees). In these cases, references will be taken up before the candidates appointment.

The academy leaders will keep a single central record in accordance with the regulations given in the Keeping Children Safe in Education (September 2021) document.

Recruitment and employment checks will be undertaken as stated in the Keeping Children safe in Education (September 2021) document.

We reserve the right to carry out all relevant and necessary checks if there is concern about an existing member of staff and will refer to the LADO and DBS and other relevant agencies anyone who has harmed or poses a risk of harm to a child or vulnerable adult.

9. Managing Allegations Against Staff and Volunteers

We will prevent people who pose risks to children from working in our academy by ensuring that all individuals working in any capacity at our academy have been subjected to safeguarding checks in line with the statutory guidance Keeping Children Safe in Education. We have a clear code of conduct for all adults and a policy that outlines our response to concerns raised or disclosures made about an adult's conduct.

We will always take concerns raised seriously and respond formally to them. We will offer reassurance and safety options for pupils making a disclosure and refer them for support to the DSL and externally if needed. We will always retain the mind-set of it could happen here.

We recognise the possibility that adults working in the academy may harm children. Any conduct concerns (allegations or low level) about the conduct of adults in the academy (including supply staff and volunteers and contractors) should be taken to the Principal without delay (or where that is not possible to the LADO and the Director of Safeguarding).

Any concerns about the principal should go to the Director of Primary Education, who will ensure that appropriate actions and referrals are followed/made to the LADO and the Director of Safeguarding (Christine Franklin). Contact details for the Director of Education can be found below and are also stored at Reception. If for any reason you cannot make a referral through these routes

you have a duty to refer directly to the Local Authority Designated Officer (LADO) whom you can contact here: 0300 111 8007.

Director of Primary Education: Bobbie Caisley

Email: bobbie.caisley@attrust.org.uk

Staff who are the subject of an allegation have the right to have their case dealt with fairly, quickly and consistently and to be kept informed of its progress. Suspension is not mandatory, nor is it automatic but, in some cases, staff may be suspended where this is deemed to be the best way to ensure that children or the staff member are protected.

Where a pupil makes an allegation against a staff member, supply teacher or volunteer, the allegation will be taken seriously and acted upon immediately. Parents will be contacted as soon as reasonably possible. The pupil will be offered support and their wishes will be carefully considered before any actions related to said pupil begin.

Where any member of the academy staff or any volunteer has concerns that a person has caused harm, or poses a future risk of harm to vulnerable groups, including children they must act in accordance with the Allegations against staff section of the staff disciplinary policy and procedure: located on the Sun Academy Bradwell, staff internal one drive.

Under our duty of care for our employees, we will ensure that we provide effective support for anyone facing an allegation and provide the employee with a named contact if they are suspended. The academy leaders will ensure its obligations for confidentiality when an allegation has been made.

10. Safeguarding Training

Every year all staff (including non-teaching and volunteers) must undertake the core Child Protection and Safeguarding training. This is recorded and logged. All staff are informed clearly on how to report anything of concern to the DSL, Mr Iain MacDonald, immediately. See Appendix 1 for a flow diagram of how concerns are dealt with at the academy.

All new members of staff, including newly-qualified teachers and teaching assistants, will be given an induction that includes basic child protection training on how to recognise signs of abuse, how to respond to any concerns, e-safety and familiarisation with the safeguarding and child protection policy, behaviour for learning policy, staff code of conduct, systems and processes for CME and Keeping Children Safe in Education: Statutory Guidance for Academies and Colleges, Part One (September 2021), and other related policies.

The Designated Safeguarding Lead will undergo updated child protection training for DSLs every two years and in addition to formal training, their knowledge and skills will be refreshed at least annually.

All staff members will undergo safeguarding and child protection training (whole-academy training) which is regularly updated.

All local governors must undergo governor specific online awareness training at least every two years and core safeguarding training at least annually.

Staff members who miss the whole-academy training will be required to undertake other relevant training to make up for it, e.g. by joining another academy's whole-academy training or completing online modules identified by the DSL as appropriate.

We will ensure that staff members provided by other agencies and third parties, e.g. supply teachers and contractors, have received appropriate child protection training commensurate with their roles before starting work. They will be given the opportunity to take part in whole-academy training if it takes place during their period of work for the academy.

The Designated Safeguarding Lead will provide at least an annual briefing to the academy on any changes to child protection legislation and procedures and relevant learning from local and national serious case reviews.

The academy leaders will maintain accurate records of staff induction and training.

11. Establishing a safe environment in which children can learn and develop

We recognise that because of our day to day contact with pupils, we are well placed to observe the outward signs of abuse. We therefore establish a safe environment where pupils feel secure and are encouraged to talk openly and are listened to.

We are thoroughly committed to teaching all our pupils about risks and place emphasis on them learning about how to minimise risk. This is done through our PSHE (JIGSAW) programme and through the academy engaging in national and local initiatives such as, anti-bullying awareness days, e-safety programmes, Safer Schools alerts and other programmes to develop pupils' awareness and understanding.

Anti-bullying and child-on-child abuse

We actively seek to raise awareness of and prevent all forms of child-on-child abuse by educating governors, our senior leadership team, staff, pupils, and parents about this issue.

This includes training governors, the senior leadership team, and staff on the nature, prevalence and effect of child-on-child abuse, and how to prevent, identify, and respond to it.

Please refer to the child-on-child abuse policy for more information about how we prevent bullying and wider forms of child-on-child abuse.

If any pupil / member of staff / parent / carer has a concern about bullying, they should report it to: Mrs Niemczyk (Principal), Mr MacDonald (Assistant Principal), Mr Fennelly (Senior Leader) or any member of staff.

E-Safety

We are thoroughly committed to improving pupil's e-safety awareness at Sun Academy Bradwell. acceptable use agreement is signed up to by all pupils/ parents and staff and we ensure that this is revisited annually in September with the welcome back.

If a pupil, parent/carer or member of staff has a concern relating to e-safety they are encouraged to report it. They can report it directly to Mrs Niemczyk (Principal), Mr MacDonald (Assistant Principal) or Mr Fennelly (Senior Leader) at the academy. Please refer to the E-safety Policy.

Photography and images

The vast majority of people who take or view photographs or videos of children do so for entirely innocent, understandable and acceptable reasons. Sadly, some people abuse children through taking or using images, so we must ensure that we have some safeguards in place.

To protect pupils we will:

- Seek their consent for photographs to be taken or published (for example, on our website or in newspapers or publications)
- Seek parental consent
- Use only the pupil's first name with an image
- Ensure pupils are appropriately dressed
- Encourage pupils to tell us if they are worried about any photographs that are taken of them.

Parents, carers or relatives may only take still or video photographic images of pupils in the academy or on academy-organised activities with the prior consent of the academy and then only in designated areas. If parents do not wish their children to be photographed or filmed and express this view in writing, their rights will be respected. This can be done through the initial photographic consent form. If at any point parents wish to change their mind in relation to photographs or videos, please contact the school office on 01782 973855.

12. Confidentiality and sharing information

Staff should only discuss concerns with the Designated Safeguarding Lead, Principal or chair of the Local Academy Committee (depending on who is the subject of the concern). That person will then decide who else needs to have the information and they will disseminate it on a need-to-know basis.

All staff will understand that **child protection issues warrant** a **high level of confidentiality**, not only out of respect for the pupil and staff involved but also to ensure that anything being released into the public domain does not compromise evidence.

We will act in accordance with GDPR, 2018.

Storage and handling of records

Child protection information will be stored and handled in line with the principles set out in the Data Protection Act 1998 and the GDPR (2018) and the academy's **Data Protection Policy** (Stored in the academy Policies Folder on the Academy website)

https://www.sunacademy.attrust.org.uk/academy-life/policies/

The Data Protection Act 2018 and GDPR do not prevent the sharing of information for the purposes of keeping children safe. Fears about sharing information will never be allowed to stand in the way of the need to safeguard and promote the welfare and protect the safety of children.

Paper records of concern forms and other written information will be stored in a locked facility accessed only by the Designated Safeguarding Lead and those identified as appropriate within the academy. Any electronic information will be password protected and only made available to relevant individuals. Every effort will be made to prevent unauthorised access. Sensitive information will not be stored on laptop computers, which, by the nature of their portability, could be lost or stolen. If it is necessary to store child protection information on portable media, such as a CD or flash drive; these items will also be password protected and kept in locked storage.

Child protection information will be stored separately from the pupil's academy file and the academy file will be 'tagged' to indicate that separate information is held. If such records need to be sent to a new school or academy, they will be sent separate from the pupil's file and under a confidential cover or in an encrypted electronic file.

Child protection records are normally exempt from the disclosure provisions of the Data Protection Act, which means that children and parents do not have an automatic right to see them. If any member of staff receives a request from a pupil or parent to see child protection records, they will refer the request to the Principal or Designated Safeguarding Lead. The Data Protection Act does not prevent academy staff from sharing information with relevant agencies, where that information may help to protect a child.

Governing bodies and proprietors should ensure relevant staff have due regard to the relevant data protection principles, which allow them to share (and withhold) personal information, as provided for in the Data Protection Act 2018 and the GDPR. This includes:

- being confident of the processing conditions which allow them to store and share information for safeguarding purposes, including information which is sensitive and personal, and should be treated as 'special category personal data'.
- understanding that 'safeguarding of children and individuals at risk' is a processing condition
 that allows practitioners to share special category personal data. This includes allowing
 practitioners to share information without consent where there is good reason to do so, and
 that the sharing of information will enhance the safeguarding of a child in a timely manner
 but it is not possible to gain consent, it cannot be reasonably expected that a practitioner
 gains consent, or if to gain consent would place a child at risk.
- for schools, not providing pupils' personal data where the serious harm test under the
 legislation is met. For example, in a situation where a child is in a refuge or another form of
 emergency accommodation, and the serious harms test is met, they must withhold
 providing the data in compliance with schools' obligations under the Data Protection Act
 2018 and the GDPR. Where in doubt schools should seek independent legal advice.

Link to serious harm test https://www.gov.uk/guidance/making-barring-referrals-to-the-dbs#what-is-the-harm-test

Link to new data protection tool kit for schools: https://www.gov.uk/government/publications/data-protection-toolkit-for-schools

13. Management of the Policy

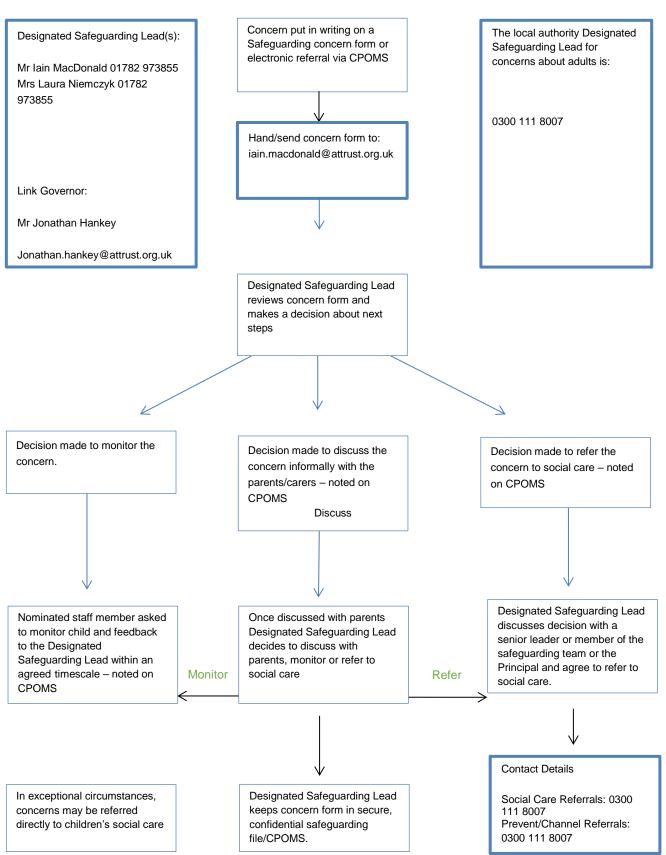
The academy leaders will at all times adhere fully to the statutory guidance in place from the Department of Education issued under Section 175 of the Education Act 2002, the Education (Independent Academy Standards) Regulations 2014 and the Education (Non-Maintained Special Academies) (England) Regulations 2011, Currently: Keeping children safe in education: Statutory guidance for academies and colleges (September 2021) and the departmental advice: What to do if you are worried a child is being abused – Advice for practitioners (September 2016). Nothing written in this policy overrides the academy's duties under such legislation.

The Local Academy Committee will oversee the policy, ensure its implementation and review its content on an annual basis.

The Principal will report on safeguarding activity and progress within the academy to the LAC at least annually.

Appendix 1

Raising Safeguarding Concerns about a Child



Mental Health Strategies

Mental Health and Wellbeing

Mental Health is "the emotional and spiritual resilience which enables us to enjoy life and survive pain, suffering and disappointment. It is a positive sense of wellbeing and an underlying belief in our and others dignity and worth. It is influenced by our experience and our genetic inheritance." (World Health Organisation).

At Sun Academy Bradwell, we promote positive mental health and wellbeing for our whole school community (children, staff, parents and carers), and recognise how important mental health and emotional wellbeing is to our lives in just the same way as physical health. We recognise that children's mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. All children go through ups and downs during their school career and some face significant life events.

Over the course of their primary education, children spend over 8000 hours at school, demonstrating the potential for schools to provide an ideal environment for promoting good emotional wellbeing and identifying changes in behaviour and mental health. At Sun Academy Bradwell, we feel that the social and emotional skills, knowledge and behaviours that young people learn in the classroom can help them to build resilience and set the pattern for how they will manage their mental health throughout their lives.

Key Points and Principals

The Department for Education advice for 'Mental Health and Behaviour in Schools', states the following:

Schools have a central role to play in enabling their pupils to be **resilient** and to support **good mental health and wellbeing**. It is important that schools promote good mental wellbeing for all pupils. Education about **relationships, sex and health** can be important vehicles through which schools can teach pupils about mental health and wellbeing.

A school's approach to mental health and behaviour should be part of a consistent whole school approach to mental health and wellbeing. This should involve providing a structured school environment with clear expectations of behaviour, well communicated social norms and routines, which are reinforced with highly consistent consequence systems. This should be paired with an individualised graduated response when the behavioural issues might be a result of educational, mental health, other needs or vulnerabilities.

Schools should consider how best to use their **SEN and pupil premium resources** to provide support for children with mental health difficulties where appropriate.

School staff **cannot** act as mental health experts and should not try to diagnose conditions. However, they should ensure they have **clear systems and processes** in place for identifying possible mental health problems, including routes to escalate and **clear referral and accountability systems.**

There are things that schools can do for all pupils, as well as those at risk of developing mental health problems, to intervene early to create a safe and calm educational environment and strengthen resilience before serious mental health problems occur.

As set out in Chapter 6 of the statutory SEND 0-25 years Code of Practice 2015, schools need to be alert to how mental health problems can underpin behaviour issues in order to support pupils effectively, working with external support where needed. They also need to be aware of their duties under the **Equality Act 2010**, recognising that some mental health issues will meet the **definition of disability**.

When schools suspect a pupil has a mental health problem, they should use the **graduated response process** (assess – plan – do – review) to put support in place. There are a number of identification and measurement tools, such as the Boxall Profile, which can support this process.

Schools should ensure they have clear systems and processes in place for early intervention and identification, referral to experienced skilled professionals, and clear accountability systems.

It is important that schools have an understanding of the **local services available**, including school nurses, and how and when to draw on or commission them. Where required, schools should expect parents and pupils to seek and receive support elsewhere, including from their GP, NHS services, trained professionals working in specialist CYPMHS, voluntary organisations and other sources.

There are **national organisations** that can offer further resources, training, support and advice. Help and information about evidence-based approaches is available from a range of sources.

The Role of Schools

Schools have an important role to play in supporting the mental health and wellbeing of their pupils, by developing approaches tailored to the particular needs of their pupils. All schools are under a statutory duty to promote the welfare of their pupils, which includes: preventing impairment of children's health or development, and taking action to enable all children to have the best outcomes. Full details are set out in Keeping Children Safe in Education (KCSIE) statutory guidance.

Early intervention to identify issues and provide effective support is crucial. The school role in supporting and promoting mental health and wellbeing can be summarised as:

Prevention: creating a safe and calm environment where mental health problems are less likely, improving the mental health and wellbeing of the whole school population, and equipping pupils to be resilient so that they can manage the normal stress of life effectively. This will include teaching pupils about mental wellbeing through the curriculum and reinforcing this teaching through school activities and ethos;

Identification: recognising emerging issues as early and accurately as possible;

Early support: helping pupils to access evidence based early support and interventions;

Access to specialist support: working effectively with external agencies to provide swift access or referrals to specialist support and treatment.

A Positive Mental Health and Wellbeing Culture

The culture, ethos and environment of the school can have a profound influence on both pupil and staff mental wellbeing. At Sun Academy Bradwell, we create a culture where calm, dignity and structure encompass every space and activity, through clear behaviour expectations, that embody

high expectations from all, conveyed consistently throughout the whole school community. This vision is underpinned by a clear system of rewards and sanctions and an accountability system that sets expectations for all staff, parents and pupils to play their part as much as they are able; aimed at all times to the mutual benefit of every member of the school community.

As such we continuously promote positive mental health and wellbeing through the following:

- Teaching through a broad and balanced curriculum to encourage a love of learning and embed the importance of mental health and emotional support
- Positive classroom management and behaviour ethos through Class Dojo and a 'can do' attitude
- Working closely with parents/carers and involving the wider community wherever possible
- Personal, Social and Health Education (PSHE), via the Jigsaw scheme of work, central to the
 curriculum across the school, which assists children to cope with the changes at puberty,
 introduces them to a wider world, helps them to manage transitions and enables them to
 make an active contribution to their communities.
- Daily clubs at lunchtime and after school: Football, Cross country, Netball, Choir, Mindfulness (through art), Rounders, ICT, Drama, Cookery, etc.
- Celebration of differences through assemblies
- Healthy snacks
- Healthy relationship workshops (e.g. Y6 Tweensafe)
- Mental Health and Wellbeing Week
- Regular wellbeing assemblies covering topics such as coping with stress (e.g. We All Eat Sweets)
- Activity resources on all playgrounds accessed by children during break and lunchtimes
- Planned Forest School sessions (termly)

This year we will again enrol 4Rs Wellbeing Ambassadors in all Key Stage 2 classes. The role of these Ambassadors will be to promote the virtues of Resilience, Resourcefulness, Reciprocity and Reflectiveness and therefore positive mental health and wellbeing as below:

- To spread mutual respect and a desire to achieve, believe, learn and enjoy throughout the school
- To welcome new staff and children to the school
- To be kind, caring and helpful towards others and always treat others as you would like to be treated yourself
- To promote and put into place the 4Rs
- To help plan Mental Health Week 2021

Additionally, we provide guidance and support to all those connected with the academy to help them develop confidence in their ability to manage mental health and emotional wellbeing; provide appropriate training and information to staff on mental health and emotional wellbeing; have named Mental Health First Aiders (certified through MHFA England) who are contact points at Sun Academy Bradwell; a Wellbeing team that is responsible for co-ordination and delivery of the school's mental health and emotional wellbeing strategy.

Addressing Needs (mechanisms to support children and staff):

Promote a culture which supports and encourages self-disclosure (e.g. 'We All Eat Sweets'). Use the 'Mental Health Spectrum' to identify children that fall into the 'struggling' and 'unwell' mental health categories and seek support from the school's Wellbeing Lead, Iain MacDonald. Provide a framework for responding appropriately to mental health wellbeing. Recognise that staff have the responsibility to alert others to potential and actual indicators of mental health needs and to take this action whenever necessary. For pupils, through our pastoral referral support via CPOMS, following our Safeguarding Policy and for staff, via their Wellbeing Lead, Michael Bunting or the Senior Leadership Team. Co-operate with other organisations involved in the delivery of mental health and emotional support services. Observe the principles of confidentiality and general data protection in respect of mental health and emotional wellbeing.

Any member of staff who is concerned about the mental health or wellbeing of a pupil should speak to the Well Being Lead in the first instance. If there is a fear that the pupil is in danger of immediate harm then the normal child protection procedures should be followed with an immediate referral to the Designated Safeguarding Lead (DSL) or Deputy Designated Safeguarding Lead (DDSL) or contact the police on 999 or Staffordshire Children's Advice and Support Team (Was Staffordshire Children's Advice and Support Service) in Multi Agency Safeguarding Hub (M.A.S.H.) (Monday-Thursday 8:30am-5:00pm, Friday 8:30 am – 4:30pm) 0800 8007 111;

Email: www.staffordshire.gov.uk/reportconcern.

Any other Safeguarding concerns should be recorded via CPOMS.

When schools suspect that a pupil is having mental health difficulties, they should not delay putting support in place, using the graduated response process:

An assessment, together with the child, parents/carers, to establish a clear analysis of the pupil's needs; a plan to set out how the pupil will be supported; action to provide that support; regular reviews to assess the effectiveness of the provision and lead to changes where necessary.

This can happen whilst the school is gathering the evidence, and the pupil's response to that support can help further identify their needs. Tools such as the Boxall Profile or Emotional Literacy can support us through this process. In addition to informing decisions on whether to seek specialist support, they can also provide a basis for ascertaining whether the initial intervention is working or whether something different needs to be tried.

The DSL will seek specialist support, such as early help, via Staffordshire Children's Advice and Support Team in Multi Agency Safeguarding Hub (M.A.S.H.) (Monday-Thursday 8:30am-5:00pm, Friday 8:30 am – 4:30pm) 0300 111 8007. Email: www.staffordshire.gov.uk/reportconcern; complete a CAMHS referral; Seek advice from Action for Children; recommend in house emotional coaching and support.

Useful web links:

Mindfulness

Emotional wellbeing class clips for KS1 and KS2 <u>www.bbc.com/bitesize/topics/zxccwmn/resources/1</u> Mindful Gnats <u>www.mindfulgnats.com</u>

Mental Health

CAMHS (North Staffs) https://www.combined.nhs.uk/

Action for Children https://www.staffordshire-ewb.actionforchildren.org.uk/

Mental Health First Aid England (MHFA) https://mhfaengland.org/

Mentally Healthy Schools https://www.mentallyhealthyschools.org.uk/

Children's Mental Health week https://www.childrensmentalhealthweek.org.uk/

NHS help for mental health https://www.nhs.uk/conditions/stress-anxiety-depression/improve-mental-wellbeing/

North Staffordshire Wellbeing https://northstaffswellbeing.co.uk/

North Staffs Younger Mind https://nsmind.org.uk

Changes http://www.changes.org.uk/html/mental_health_meetings.html

Mental Health and wellbeing for all ages

https://www.staffordshireconnects.info/kb5/staffordshire/directory/localoffer.page?localofferchannel=4-6

Tips for children

https://www.seabridgeprimary.org.uk/uploads/Documents/Curriculum/Wellbeing/tips-for-children.pdf

Tips for parents and carers

https://www.seabridgeprimary.org.uk/uploads/Documents/Curriculum/Wellbeing/tips-for-parents-and-carers.pdf

YoungMinds Parent information booklet

https://www.seabridgeprimary.org.uk/uploads/Documents/Curriculum/Wellbeing/young-minds-young-minds-matter.pdf

Domestic Abuse

Supports victims of Domestic Abuse http://www.sittingrightwithyou.co.uk/ Glow https://findtheglow.org.uk/

Bullying and Cyberbullying

NSPCC https://www.nspcc.org.uk/

Anti Bullying Alliance https://anti-bullyingalliance.org.uk

Childline support services for pupils and parents https://www.childline.org.uk/

Bereavement

Child Bereavement UK http://bereavement.lgfl.org.uk/

Suicide

Shout is the UK's first free 24/7 text service for anyone in crisis anytime, anywhere https://www.giveusashout.org/

PAPYRUS is the UK charity for the prevention of young suicide (up to the age of 35).

For PAPYRUS HOPELINEUK call 0800 068 4141 (open 10am-10pm weekdays, 2pm -10pm weekends and bank holidays). https://papyrus-uk.org/

MIND charity https://www.mind.org.uk/