**How To Construct A Pot**

First, make a base.

Place a ball of the clay on the middle of the handwheel. Flatten it out to the thickness of about 1 cm, by patting it flat with the base of the thumb.

Trim off the surplus clay with a needle while spinning the handwheel.

Grip the other piece of clay between your two hands and slowly squeeze lengthen into a thin, long shape.

Roll the coil of clay backwards and forwards on the board, using only your fingers. (Do not use your palm!)

Cut the coil both edges off.

Hold one end of the coil with one hand and use your other hand to press down the other end of the coil onto the top edge of the clay base.

Press the coil down onto the clay base, between your forefinger and thumb and spin the wheel with the same motion.

Continue this action until you make a circle. (Push the inside down with your thumb, push the outside up with the fingers.)

Repeat the process and form another coil circle on top of the first circle.

Repeat this 4 or 5 times, smoothing the different layers together as you go along.

Then trim the rim with a cutting harp and smooth with a wet chamois leather.

Cut from the wheel with a cutting wire.

Remember to follow all these instructions while spinning the wheel the whole time.